SPIRTUAL WELLNESS

THE MERION | October 2017 Schedule

Date/Time	Event/Activity	Location
Sunday, Oct 1 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 1 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 1 at 10am	Immanuel Lutheran Pickup	Front Desk
Tuesday, Oct 3 at 7pm	Stop, Breathe Think Meditation with Sensei Mui	The Conference Room
Friday, October 6 at 11am	Sabbath Service with Jan Footlik	The Sapphire Room
Sunday, Oct 8 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 8 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 8 at 10am	Immanuel Lutheran Pickup	Front Desk
Wednesday, Oct 11 at 7pm	An Eastern Voice with Dr. Wasioan	The Sapphire Room
Sunday, Oct 15 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 15 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 15 at 10am	Immanuel Lutheran Pickup	Front Desk
Tuesday, Oct 17 at 7pm	Stop, Breathe Think Meditation with Sensei Mui	The Conference Room
Sunday, Oct 22 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 22 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 22 at 10am	Immanuel Lutheran Pickup	Front Desk
Wednesday, Oct 25 at 7pm	An Eastern Voice with Dr. Wasioan	The Sapphire Room
Thursday, Oct 26 at 10:30am	Mass with Father Oldershaw	Sterling Library
Sunday, Oct 29 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 29 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 29 at 10am	Immanuel Lutheran Pickup	Front Desk



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Spiritual Wellness events are reserved for Merion Residents and Invited Guests