

SPIRITUAL WELLNESS

THE MERION | *October 2018 Schedule*

Date/Time	Event/Activity	Location
Tuesday, Oct 2 at 7pm	Stop, Breathe Think Meditation with Sensei Mui	The Conference Room
Friday, Oct 5 at 11am	Sabbath Service with Jan Footlik	The Private Dining Room
Sunday, Oct 7 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 7 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 7 at 10am	Immanuel Lutheran Pickup	Front Desk
Tuesday, Oct 9 at 10:30am	Mass with Father Oldershaw	The Sterling Library
Sunday, Oct 14 at 9am St.	Mary Parish Pick-up	Front Desk
Sunday, Oct 14 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 14 at 10am	Immanuel Lutheran Pickup	Front Desk
Sunday, Oct 21 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 21 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 21 at 10am	Immanuel Lutheran Pickup	Front Desk
Tuesday, Oct 23 at 7pm	Stop, Breathe Think Meditation with Sensei Mui	The Conference Room
Sunday, Oct 28 at 9am	St. Mary Parish Pick-up	Front Desk
Sunday, Oct 28 at 9:45am	St. Francis Parish Pickup	Front Desk
Sunday, Oct 28 at 10am	Immanuel Lutheran Pickup	Front Desk
Tuesday, Oct 30 at 7pm	Stop, Breathe Think Meditation with Sensei Mui	The Conference Room