

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

February 2025

- Arts & Culture
- Health & Fitness
- Life Long Learning
- Music
- Social Activities
- Spiritual Wellness

- 1**
- 10-12 ■ Billiards @ The Merion
 - 11:00 ■ Bingo & Prizes w/Mary
 - 11:00 ■ Balance Booster Fitness DVD
 - 12:30 ■ NETFLIX / A Man in Full Season One / Episode 1
 - 1-3 ■ Rummikub @ The Merion
 - 2:30 ■ Art Alive Programming w/ Debra Levie Presents: Venus & Cupid in Art
 - 7:30 ■ Saturday Movie: NETFLIX / THE PIANO LESSON

- 2 GROUNDHOG DAY**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:00 ■ Early Morning Movie: Driving Miss Daisy
 - 1:30 ■ Balance Booster Fitness DVD
 - 2:30 ■ Merion Matinee : Freedom Writers
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 7:00 ■ The 67th Annual Grammy Awards Viewing
 - 7:30 ■ Sunday Night Movie: A Raisin in the Sun

- 3**
- 10:30 ■ Redefining Strength w/ Nichola
 - 12:00 ■ Symbria Wellness: Aqua Flow
 - 1:00 ■ Poetry Corner @ The Merion with Greg S. & Irene E.
 - 1:00 ■ Merion Bridge Club
 - 1:30 ■ Symbria Wellness: Stretch & Flex
 - 2:30 ■ Canvas Creations w/ Charlotta
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Monday Night Movie/PRIME/WICKED

- 4**
- 9:15 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:30 ■ Symbria Wellness: Fitness Training
 - 11:30 ■ Merion Field Trip: Dengeos Restaurant**
 - 12:30 ■ NETFLIX / Between the Temples
 - 1:00 ■ Mahjong @ The Merion
 - 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core)
 - 2:30 ■ Symbria Wellness: Fitness Fusion
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Tuesday Night Movie/PRIME/Here 2024

- 5**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 11:00 ■ Merion Roundtable Discussion w/ Doug
 - 12:00 ■ PRIME / YELLOWSTONE Season Five / Episode 13
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 1:00 ■ Canasta Club @ The Merion
 - 3:00 ■ Open Forum @ The Merion
 - 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio
 - 7:00 ■ Scrabble Group @ The Merion
 - 7:30 ■ Wednesday Movie: PRIME /GLADIATOR II

- 6**
- 9:30 ■ Balance Booster Fitness DVD
 - 12:30 ■ PRIME/The Great Debaters
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Mindful Movement @ Breathe w/ Barbara
 - 2:00 ■ Tasty Thursdays @ The Merion
 - 3:00 ■ The Evolution of a Novel w/ G. Singleton
 - 4:00 ■ Happy Hour & Live Music w/ S. Aaron
 - 7:30 ■ Thursday Night Movie: PRIME / CONCLAVE

- 7 HEART HEALTH DAY**
- 9:00 ■ Interfaith Musings w/ J. Agne
 - 10:00 ■ Jane Fonda Walkout Fitness DVD
 - 10:00 ■ Symbria: Balance Booster
 - 12:30 ■ PRIME/CROSS: Season One/Episode 6
 - 1:00 ■ The Hand & Foot Card Game
 - 3:00 ■ Musical Lectures: Debussy Afternoon of A Fawn Nocturnes
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Friday Night Movie: SELMA

- 8**
- 10-12 ■ Billiards @ The Merion
 - 11:00 ■ Bingo & Prizes w/Mary
 - 11:00 ■ Balance Booster Fitness DVD
 - 12:30 ■ NETFLIX/A Man in Full Season One / Episode 2
 - 1-3 ■ Rummikub @ The Merion
 - 2:30 ■ Museums of the World w/D. Levie Presents: "Louvre Museum"
 - 7:30 ■ Northwestern University Crescendo for a Cause Concert
 - 7:30 ■ Saturday Night Movie : Ruby Bridges

- 9 SUPER BOWL LIX SUNDAY**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:00 ■ Early Morning Movie: The Graduate
 - 1:30 ■ Balance Booster Fitness DVD
 - 2:00 ■ The Chen Family String Quartet
 - 2:30 ■ Merion Matinee: The Big Sick
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 5:00 ■ Super Bowl LIX Sunday Viewing
 - 7:30 ■ Sunday Night Movie: Any Given Sunday

- 10**
- 10:30 ■ Redefining Strength w/ Nichola
 - 12:00 ■ Symbria Wellness: Aqua Flow
 - 1:00 ■ Current Events w/ Howard Voeks
 - 1:00 ■ Merion Bridge Club
 - 1:30 ■ Symbria Wellness: Stretch & Flex
 - 2:30 ■ Symbria Wellness Presents Home Safety & Fall Prevention w/ Herman
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Monday Night Movie: Moonstruck

- 11**
- 9:15 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:30 ■ Symbria Wellness: Fitness Training
 - 1:00 ■ Mahjong @ The Merion
 - 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core)
 - 2:30 ■ Symbria Wellness: Fitness Fusion
 - 3:00 ■ History in Perspective w/ Eugene Presents: Forgotten Giants
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Tuesday Night Movie: The Pursuit of Happyness

- 12**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 12:00 ■ PRIME / YELLOWSTONE Season Five / Episode 14
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 1:00 ■ Canasta Club @ The Merion
 - 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio
 - 6:00 ■ Focused Reflection w/ Mui
 - 7:00 ■ Scrabble Group @ The Merion
 - 7:30 ■ Wednesday Night Movie: Something's Gotta Give

- 13**
- 9:30 ■ Tai Chi Fitness w/ Mike McGinn
 - 11:00 ■ BeMoved Dance w/ Heidi
 - 12:30 ■ PRIME / Black Patriots: Buffalo Soldiers
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Tasty Thursdays @ The Merion
 - 3:00 ■ ART, LOVE, & CHOCOLATE w/ Charlotta
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Thursday Movie: Valentine's Day

- 14 VALENTINE'S DAY**
- 9:00 ■ Interfaith Musings w/ J. Agne
 - 10:00 ■ Symbria: Balance Booster
 - 11:30 ■ Merion Short Story Discussion "A Sound of Thunder" w/ S. Parsons
 - 12:30 ■ Afternoon Movie: MAHOGANY
 - 1:00 ■ The Hand & Foot Card Game
 - 2:00 ■ Valentine's Day Sing Along w/ Gina
 - 4:00 ■ Valentine's Day Happy Hour w/ Ameerah Tatum
 - 5:00 ■ Valentine's Day Dinner @ The Merion
 - 7:30 ■ Friday Night Movie: Brown Sugar

- 15**
- 10-12 ■ Billiards @ The Merion
 - 11:00 ■ Bingo & Prizes w/Mary
 - 11:00 ■ Balance Booster Fitness DVD
 - 12:30 ■ NETFLIX / A Man in Full Season One / Episode 3
 - 1-3 ■ Rummikub @ The Merion
 - 2:30 ■ Music Appreciation Lecture w/ Kurt "African American Music in the U.S."
 - 7:30 ■ Saturday Movie: PRIME/ Slyvie's Love

- 16**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:00 ■ Early Morning Movie: Summer of Soul
 - 1:30 ■ Balance Booster Fitness DVD
 - 2:00 ■ Card Creations w/ Pam
 - 2:30 ■ Merion Matinee: 12 YEARS A SLAVE
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 7:30 ■ Piano Duo Concert w/ K. Sudman & V. Catalano
 - 7:30 ■ Sunday Night Movie: GLORY

- 17 PRESIDENT'S DAY**
- 10:30 ■ Redefining Strength w/ Nichola
 - 12:00 ■ Symbria Wellness: Aqua Flow
 - 12:20 ■ Afternoon Movie: Reconstruction/2nd Civil War
 - 1:00 ■ Poetry Corner @ The Merion with Greg S. & Irene E.
 - 1:00 ■ Merion Bridge Club
 - 1:30 ■ Symbria Wellness: Stretch & Flex
 - 2:30 ■ Canvas Creations w/ Charlotta
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Monday Night Movie: LINCOLN

- 18**
- 9:15 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:30 ■ Symbria Wellness: Fitness Training
 - 11:30 ■ Merion Field Trip: Psistaria Greek Tavern**
 - 1:00 ■ Mahjong @ The Merion
 - 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core)
 - 2:30 ■ Symbria Wellness: Fitness Fusion
 - 4:00 ■ Happy Hour & Live Music w/ Kurt & Deane
 - 7:30 ■ Tuesday Night Movie: TILL

- 19**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 11:00 ■ Merion Roundtable Discussion w/ Doug
 - 12:00 ■ NETFLIX / American Primeval Season One / Episode 1
 - 1:00 ■ Canasta Club @ The Merion
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 3:00 ■ Open Forum @ The Merion
 - 4:00 ■ Happy Hour @ The Merion
 - 7:00 ■ Scrabble Group @ The Merion
 - 7:30 ■ Wednesday Night Movie: The Purple Rose of Cairo

- 20**
- 9:30 ■ Personalized Fitness w/ Mike
 - 12:30 ■ Afternoon Movie: Hope Floats
 - 1:00 ■ Merion Bridge Club
 - 1:00 ■ Merion Book Club Meet Up
 - 2:00 ■ Tasty Thursdays @ The Merion
 - 3:00 ■ The Evolution of a Novel w/ G. Singleton
 - 4:00 ■ Happy Hour & Live Music w/ S. Aaron
 - 7:30 ■ Thursday Night Movie: Pretty Woman

- 21**
- 9:00 ■ Interfaith Musings w/ J. Agne
 - 10:00 ■ Symbria: Balance Booster
 - 11:30 ■ Fit & Functioning w/ Johnny
 - 12:30 ■ PRIME/ CROSS: Season One/Episode 7
 - 1:00 ■ The Hand & Foot Card Game
 - 3:00 ■ Musical Lectures: RAVEL Tombeau de Couperin Chansons Madecasse
 - 4:00 ■ Happy Hour @ The Merion
 - 4:00 ■ Shabbat Service w/ Suzy F. & Carol G.
 - 7:30 ■ Friday Night Movie: BELOVED

- 22**
- 10-12 ■ Billiards @ The Merion
 - 11:00 ■ Bingo & Prizes w/ Mary
 - 11:00 ■ Balance Booster Fitness DVD
 - 12:30 ■ NETFLIX / A Man in Full Season One / Episode 4
 - 1-3 ■ Rummikub @ The Merion
 - 2:30 ■ Music Appreciation Lecture w/ Kurt "Be Bop and the Art of Improvisation"
 - 7:30 ■ Saturday Movie: Their EYES Were Watching GOD

- 23**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:00 ■ Early Morning Movie: Kiss Me Kate
 - 1:30 ■ Balance Booster Fitness DVD
 - 2:30 ■ Merion Matinee: Never Been Kissed
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 7:30 ■ Sunday Night Movie: You've Got Mail

- 24**
- 10:30 ■ Redefining Strength w/ Nichola
 - 12:00 ■ Symbria Wellness: Aqua Flow
 - 1:00 ■ Current Events w/ Howard Voeks
 - 1:00 ■ Merion Bridge Club
 - 1:30 ■ Symbria Wellness: Stretch & Flex
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Night Cap w/ Violinist Regina Leslie
 - 7:30 ■ Monday Night Movie: THE HELP

- 25**
- 9:15 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:30 ■ Symbria Wellness: Fitness Training
 - 1:00 ■ Mahjong @ The Merion
 - 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core)
 - 2:30 ■ Symbria Wellness: Fitness Fusion
 - 3:00 ■ History in Perspective w/ Eugene Presents: Hispania Rues the Waves
 - 4:00 ■ Happy Hour & Live Music w/ Laura Hamm
 - 7:30 ■ Tuesday Night Movie: HIDDEN FIGURES

- 26**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 12:00 ■ NETFLIX / American Primeval Season One / Episode 2
 - 1:00 ■ Canasta Club @ The Merion
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 4:00 ■ February Resident Birthday Celebration
 - 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio
 - 7:00 ■ Scrabble Group @ The Merion
 - 7:30 ■ Wednesday Night Movie: Four Weddings and a Funeral

- 27**
- 11:00 ■ BeMoved Dance w/ Heidi
 - 12:30 ■ NETFLIX / Carry - On
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Tasty Thursdays @ The Merion
 - 2:00 ■ Mindful Movement @ Breathe w/ Barbara
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Thursday Night Movie: Crazy Stupid Love

- 28**
- 9:00 ■ Interfaith Musings w/ J. Agne
 - 10:00 ■ Symbria: Balance Booster
 - 11:30 ■ Merion Short Story Discussion "Crocodile Tears" w/ E. Goldberg
 - 12:30 ■ PRIME/ CROSS: Season One/Episode 8
 - 1:00 ■ The Hand & Foot Card Game
 - 2:00 ■ The Chicago Duo: Carla & Andy "Calling all Folks...For Folk Singing"
 - 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum
 - 7:30 ■ Friday Night Movie: RESPECT

celebrating

BLACK HISTORY MONTH