

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> 9:00 ■ Meditation & QiGong Workout DVD 11:00 ■ Early Morning Movie: Tammy & The Bachelor 1:30 ■ Balance Booster Fitness DVD 2:30 ■ Merion Matinee: Tammy Tell Me True 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ Sunday Night Movie: Tammy and the Doctor	<b>31</b> 10:30 ■ Redefining Strength w/ Nichola 12:00 ■ Symbria Wellness: Aqua Flow 1:00 ■ Current Events w/ Howard Voeks 1:00 ■ Merion Bridge Club 1:30 ■ Symbria Wellness: Stretch & Flex 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour @ The Merion 7:30 ■ Monday Night Movie: A League of Their Own	 <h1>March 2025</h1>		<b>Arts &amp; Culture</b> <b>Health &amp; Fitness</b> <b>Life Long Learning</b> <b>Music</b> <b>Social Activities</b> <b>Spiritual Wellness</b>	<b>1</b> 10-12 ■ Billiards @ The Merion 11:00 ■ Bingo & Prizes w/ Mary 11:00 ■ Balance Booster Fitness DVD 12:30 ■ NETFLIX / A Man in Full Season One / Episodes 5 1-3 ■ Rummikub @ The Merion 2:30 ■ Art Alive Programming w/ D. Levie Presents: Francis Bacon Irish Artist 7:30 ■ Saturday Movie: The Devil Wears Prada	
<b>2</b> 9:00 ■ Meditation & QiGong Workout DVD 11:00 ■ Early Morning Movie: Mamma Mia 1:30 ■ Balance Booster Fitness DVD 2:30 ■ Merion Matinee: Mamma Mia/Here We Go Again! 5:00 ■ Shiva Rea: Meditation DVD 7:00 ■ The Music Institute of Chicago Ensemble 7:30 ■ Sunday Night Movie: The Banger Sisters	<b>3</b> 10:30 ■ Redefining Strength w/ Nichola 12:00 ■ Symbria Wellness: Aqua Flow 1:00 ■ Current Events w/ Howard Voeks 1:00 ■ Merion Bridge Club 1:30 ■ Symbria Wellness: Stretch & Flex 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour @ The Merion 7:30 ■ Monday Night Movie: Erin Brokovich	<b>4 MARDI GRAS</b> 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training 12:30 ■ PRIME / RADIOACTIVE 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 ■ Symbria Wellness: Fitness Fusion 4:00 ■ Mardi Gras Happy Hour w/ Kurt & Deane 7:30 ■ Tuesday Night Movie: No Mercy	<b>5 ASH WEDNESDAY</b> 9:30 ■ Gentle Yoga w/ Leigh 11:00 ■ Merion Roundtable Discussion w/ Doug Asbury 12:00 ■ NETFLIX / American Primeval Season One / Episode 3 1:00 ■ Fit & Functioning w/ Johnny 1:00 ■ Canasta Club @ The Merion 3:00 ■ Open Forum @ The Merion 4:00 ■ Happy Hour @ The Merion 7:00 ■ Scrabble Group @ The Merion 7:30 ■ Wednesday Night Movie: Little Miss Sunshine	<b>6</b> 9:30 ■ Balance Booster Fitness DVD 11:00 ■ BeMoved Dance w/ Heidi 12:30 ■ NETFLIX / Widow Clicquot 1:00 ■ Merion Bridge Club 2:00 ■ Mindful Movement & Breathe 2:00 ■ Tasty Thursdays @ The Merion 4:00 ■ Happy Hour & Live Music w/ S. Aaron 7:30 ■ Thursday Night Movie: 9 to 5	<b>7</b> 9:00 ■ Interfaith Musings w/ Joe Agne Special Guest: Laura Hamm 10:00 ■ Symbria: Balance Booster 12:30 ■ NETFLIX / The Later Daters Season One / Episode 1 1:00 ■ The Hand & Foot Card Game 3:00 ■ Musical Lectures: Charles Ives Three Places in New England 4:00 ■ Happy Hour @ The Merion 7:30 ■ Friday Night Movie: Million Dollar Baby	<b>8 INTERNATIONAL WOMEN'S DAY</b> 9:30 ■ Women's Club of The Merion Continental Breakfast 11:30 ■ International Aqua Dance w/ Nichola 12:30 ■ Afternoon Movie: Maya Angelou; And Still, I Rise 1:00 ■ Women's Health & Fitness w/ Barbara Meyer 2:00 ■ Resident Sing Along & Photos with Rosie the Riveter 2:30 ■ Stories to Celebrate Women w/ Anne Shimojima 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum 5:00 ■ International Cuisine @ The Merion 7:30 ■ Celebrating the Music of Women with Sara Su Jones & Tatyana Stepanova 7:30 ■ Saturday Night Movie: The Six Triple Eight
<b>9 DAYLIGHT SAVING TIME</b> 9:00 ■ Meditation & QiGong Workout DVD 11:00 ■ Early Morning Movie: Funny Lady 1:30 ■ Balance Booster Fitness DVD 2:00 ■ Card Creations w/ Pam 2:30 ■ Merion Matinee: Funny Girl 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ Sunday Night Movie: Annie Hall	<b>10</b> 10:30 ■ Redefining Strength w/ Nichola 12:00 ■ Symbria Wellness: Aqua Flow 1:00 ■ Poetry Corner @ The Merion with Greg S. & Irene E. 1:00 ■ Merion Bridge Club 1:30 ■ Symbria Wellness: Stretch & Flex 4:00 ■ Happy Hour @ The Merion 7:30 ■ Night Cap w/ Violinist Regina Leslie 7:30 ■ Monday Night Movie: IRIS	<b>11</b> 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 ■ Symbria Wellness: Fitness Fusion 3:00 ■ History in Perspective w/ Eugene "What Do Women Want?" 4:00 ■ Happy Hour @ The Merion 7:30 ■ The Ada Trio w/ A. Hess, P. Hauer, & A. Teng 7:30 ■ Tuesday Night Movie: POMS	<b>12</b> 9:30 ■ Gentle Yoga w/ Leigh 12:00 ■ NETFLIX / American Primeval Season One / Episode 4 1:00 ■ Fit & Functioning w/ Johnny 1:00 ■ Canasta Club @ The Merion 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio 7:00 ■ Scrabble Group @ The Merion 7:30 ■ Wednesday Movie: SELENA	<b>13 PURIM</b> 9:30 ■ Tai Chi Fitness w/ Mike McGinn 11:00 ■ BeMoved Dance w/ Heidi 1:00 ■ Merion Bridge Club 2:00 ■ Tasty Thursdays @ The Merion 3:00 ■ The Evolution of a Novel w/ G. Singleton 4:00 ■ Happy Hour @ The Merion 7:30 ■ Thursday Movie: GOLDA	<b>14</b> 9:00 ■ Interfaith Musings w/ Joe Agne Special Guest: Don Baker 10:00 ■ Symbria: Balance Booster 11:30 ■ Merion Short Story Discussion 12:30 ■ NETFLIX / The Later Daters Season One/ Episode 2 1:00 ■ The Hand & Foot Card Game 2:00 ■ St. Patrick's Day Sing Along w/ Gina & The Merion All Stars 4:00 ■ Shabbat Service w/ Suzy F. & Carol G. 4:00 ■ Happy Hour @ The Merion 7:30 ■ Friday Night Movie: Painted Lady	<b>15</b> 10-12 ■ Billiards @ The Merion 10-12 ■ The Music Institute Chorale Folk Music Around the World 11:00 ■ Bingo & Prizes w/ Mary 11:00 ■ Balance Booster Fitness DVD 12:30 ■ NETFLIX / A Man in Full Season One / Episodes 6 1-3 ■ Rummikub @ The Merion 2:30 ■ Museums of the World w/ Debra Levie Presents: The Art of Ireland 7:30 ■ Saturday Night Movie: SABRINA
<b>16</b> 9:00 ■ Meditation & QiGong Workout DVD 11:00 ■ Early Morning Movie: National Velvet 1:30 ■ Balance Booster Fitness DVD 2:30 ■ Merion Matinee: Pretty in Pink 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ The Chen Family String Quartet 7:30 ■ Sunday Night Movie: Georgia Rule	<b>17 ST. PATRICK'S DAY</b> 10:30 ■ Redefining Strength w/ Nichola 12:00 ■ Symbria Wellness: Aqua Flow 1:00 ■ Current Events w/ Howard Voeks 1:00 ■ Merion Bridge Club 1:30 ■ Symbria Wellness: Stretch & Flex 2:30 ■ Irish Canvas Creations w/ Charlotta 4:00 ■ The Chicago Duo: Carla & Andy "Folk Music with Twist of Irish" 7:30 ■ Monday Night Movie: Far & Away	<b>18 MARCH MADNESS BEGINS</b> 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training 12:30 ■ NETFLIX / MADAME WEB 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 ■ Symbria Wellness: Fitness Fusion 4:00 ■ Happy Hour @ The Merion 7:30 ■ Tuesday Night Movie: Runaway Bride	<b>19</b> 9:30 ■ Gentle Yoga w/ Leigh 11:00 ■ Merion Roundtable Discussion w/ Doug Asbury 12:00 ■ NETFLIX / American Primeval Season One / Episode 5 1:00 ■ Canasta Club @ The Merion 1:00 ■ Fit & Functioning w/ Johnny 3:00 ■ Open Forum @ The Merion 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio 7:00 ■ Scrabble Group @ The Merion 7:30 ■ Wednesday Night Movie: TBA	<b>20 FIRST DAY OF SPRING</b> 11:00 ■ BeMoved Dance w/ Heidi 12:30 ■ Netflix/ Norman's Rare Guitars Documentary 1:00 ■ Merion Bridge Club 1:00 ■ Merion Book Club Meet Up 2:30 ■ Springtime Resident Meet & Greet 4:00 ■ Happy Hour & Live Music w/ S. Aaron 7:30 ■ Thursday Movie: EAT PRAY LOVE	<b>21</b> 9:00 ■ Interfaith Musings w/ Joe Agne Special Guest: Sally Parsons 10:00 ■ Symbria: Balance Booster 11:30 ■ Fit & Functioning w/ Johnny 12:30 ■ NETFLIX / The Later Daters Season One/ Episode 3 1:00 ■ The Hand & Foot Card Game 1:30 ■ Merion Puppy Play Day 3:00 ■ Musical Lectures: American Mavericks Harry Partch & Conlon Noncarrow 4:00 ■ Happy Hour @ The Merion 7:30 ■ Friday Night Movie: BLACKBIRD	<b>22</b> 10-12 ■ Billiards @ The Merion 11:00 ■ Bingo & Prizes w/ Mary 11:00 ■ Balance Booster Fitness DVD 12:30 ■ NETFLIX/ Apple Cider Vinegar Season One / Episode 1 1-3 ■ Rummikub @ The Merion 2:30 ■ Music Appreciation Lecture w/ Kurt "The Women in Jazz" 7:30 ■ Saturday Movie: FRIDA
<b>23</b> 9:00 ■ Meditation & QiGong Workout DVD 11:00 ■ Morning Movie: Imitation of Life (1934) 1:30 ■ Balance Booster Fitness DVD 2:30 ■ Merion Matinee: Imitation of Life (1959) 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ Viva Viols Spring Concert w/ Linda Chessick & Venus Fu 7:30 ■ Sunday Night Movie: A Ballerina's Tale	<b>24</b> 10:30 ■ Redefining Strength w/ Nichola 12:00 ■ Symbria Wellness: Aqua Flow 1:00 ■ Poetry Corner @ The Merion with Greg S. & Irene E. 1:00 ■ Merion Bridge Club 1:30 ■ Symbria Wellness: Stretch & Flex 2:30 ■ Symbria Wellness Presents "Healthy Feet w/ Herman" 4:00 ■ Happy Hour @ The Merion 7:30 ■ Monday Night Movie: The Autobiography of Miss Jane Pittman	<b>25</b> 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 ■ Symbria Wellness: Fitness Fusion 3:00 ■ History in Perspective w/ Eugene Presents: "Sly Witness" 4:00 ■ Happy Hour @ The Merion 7:30 ■ Tuesday Night Movie: HARRIET	<b>26</b> 9:30 ■ Gentle Yoga w/ Leigh 12:00 ■ NETFLIX / American Primeval Season One / Episode 6 1:00 ■ Canasta Club @ The Merion 1:00 ■ Fit & Functioning w/ Johnny 4:00 ■ March Resident Birthday Celebration 4:00 ■ Happy Hour & Live Music with Ameerah Tatum 7:00 ■ Scrabble Group @ The Merion 7:30 ■ Wednesday Night Movie: A Thousand and One	<b>27</b> 11:00 ■ BeMoved Dance w/ Heidi 1:00 ■ Merion Bridge Club 2:00 ■ Tasty Thursdays at The Merion 2:00 ■ Mindful Movement & Breathe w/ Barbara 3:00 ■ The Evolution of a Novel w/ G. Singleton 4:00 ■ Happy Hour @ The Merion 7:30 ■ Thursday Movie: How Stella Got Her Groove Back	<b>28</b> 9:00 ■ Interfaith Musings w/ Joe Agne Special Guest: Nessia Frank 10:00 ■ Symbria: Balance Booster 11:30 ■ Merion Short Story Discussion 12:30 ■ NETFLIX / The Later Daters Season One / Episode 4 1:00 ■ The Hand & Foot Card Game 2:00 ■ Springtime Tunes w/ Gina The Merion All Stars 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum 7:30 ■ Friday Night Movie: The Beasts of the Southern Wild	<b>29</b> 10-12 ■ Billiards @ The Merion 11:00 ■ Bingo & Prizes w/ Mary 11:00 ■ Balance Booster Fitness DVD 12:30 ■ NETFLIX/ Apple Cider Vinegar Season One / Episode 2 1-3 ■ Rummikub @ The Merion 2:30 ■ Music Appreciation Lecture w/ Kurt Presents "Irish Music" 7:30 ■ Saturday Night Movie: The Women of Brewster Place