SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX		1	2	3	4 Independence Day	5
		9:15 Integrated Movement for	9:30 ■ Gentle Yoga w/ Leigh	9:30 Simple Seated Fitness DVD	10:00 Symbria Wellness: Balance Booster	10-12 Billiards @ The Merion
		Mind & Body w/ Barbara	10:30 Merion Pool Time	11:00 BeMoved Dance w/ Heidi	11:30 Popcorn & Cracker Jacks	11:00 Bingo & Prizes w/ Friends of The Mer
X L		11:30 Symbria Wellness: Fitness Training 12:30 PRIME / THE ACCOUNTANT	11:00 Merion Roundtable Discussion Celebration of our Heritage w/ Doug Asbury	12:30 PRIME / THE ACCOUNTANT 2	12:30 NETFLIX / When Life Gives You Tangerines	11:00 Balance Booster Fitness DVD
		1:00 Mahjong @ The Merion	12:00 NETFLIX / The Four Seasons	1:00 Merion Bridge Club	Season One / Episode 4	12:30 NETFLIX / Zero Day
		1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core)	Season One / Episode 5 1:00 ■ Fit & Functioning w/ Johnny	1:30 Merion Field Trip - Ravinia	1:00 The Hand & Foot Card Game	Season One / Episode 5 1-3 Rummikub @ The Merion
	2025	2:30 Symbria Wellness: Fitness Fusion	1:00 Canasta Club @ The Merion	Piano & Strings Program 2:00 Tasty Thursdays @ The Merion	4-6 ■ The 4th of July BBQ @ The Merion	2:30 Museums of the World w/D. Levie
	ZOZO	4:00 Happy Hour & Live Music w/ Chicago Jazz Dads	4:00 Happy Hour @ The Merion 7:00 Scrabble Group @ The Merion	4:00 Happy Hour @ The Merion	4:00 Happy Hour @ The Merion	The South Side Community Art Cente
		7:45 Tuesday Night Movie:Blazing Saddles	7:30 Wednesday Night Movie: Damn Yankees	7:30 Thursday Night Movie: TRAFFIC	7:30 Friday Night Movie: Born on the 4th of July	7:30 Saturday Night Movie: Air Force One
70 N F (1988) (1909)	7	8	9	10	11	12
Meditation & QiGong: Workout DVD	10:30 Redefining Strength w/ Nichola	11:30 Symbria Wellness: Fitness Training	9:30 Gentle Yoga w/ Leigh	9:00 Podiatrist Visit w/ Dr. Pentenzi	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
•		12:30 NETFLIX / A Simple Favor	10:30 ■ Merion Pool Time	11:00 ■ BeMoved Dance w/ Heidi	w/ Special Guest G. Singleton	11:00 Bingo & Prizes w/ Friends of The Meri
0 Early Morning Movie: DR. NO Sean Connery 007	12:00 Symbria Wellness: Aqua Flow	1:00 Mahjong @ The Merion	12:00 NETFLIX / The Four Seasons Season One / Episode 6	12:00 Merion Field Trip: Chicago Botanic Garden	10:00 ■ Symbria:Balance Booster	11:00 Balance Booster Fitness DVD
0 ■ Balance Booster: Fitness DVD	1:00 Poetry Corner @ The Merion	1:00 ■ Symbria Wellness: Aqua ABC'S	1:00 Fit & Functioning w/ Johnny	Grand Tram Ride	12:30 NETFLIX/ When Life Gives You Tangerines Season One / Episode 5	12:30 NETFLIX / Zero Day Season One / Episode 6
	with Greg S. & Irene E.	(Abs, Back & Core)	1:00 Canasta Club @ The Merion	1:00 Merion Bridge Club	1:00 The Hand & Foot Card Game	1-3 Rummikub @ The Merion
Merion Matinee: Live & Let Die Roger Moore 007	1:00 Merion Bridge Club	2:30 Symbria Wellness: Fitness Fusion	1:30 Merion Field Trip - Ravinia Violinist, Piano & Strings	2:00 Tasty Thursdays @ The Merion	2:00 Musical Appreciation Lecture w/ Kurt L.	3:00 Merion Field Trip
J	1:30 Symbria Wellness: Stretch & Flex	3:00 History in Perspective w/ Eugene F.	3:00 ■ Open Forum @ The Merion	3:00 Let's Talk: Interesting Conversations w/ Greg S.	"Joan, Joni, and Judy"	The Black Ensemble Theatre
0 Shiva Rea: Meditation DVD	4:00 Happy Hour @ The Merion	"France in Sixty Minutes: Part Two"	4:00 Happy Hour @ The Merion 7:00 The Lyric Opera Stage Artists Summer Concert	4:00 Happy Hour @ The Merion	4:00 Happy Hour & Live Music w/ A. Tatum 6:30 Ray Charles: Soul of the Holy Land DVD	"That's What Friends Are For" 6:30 Peter, Paul, and Mary: Carry it On DVI
0 Sunday Night Movie: Quantum of Solace		4:00 Happy Hour @ The Merion	7:00 Scrabble Group @ The Merion	7:30 Thursday Night Movie:	7:30 Friday Night Movie:	7:45 Saturday Night Movie: Summer of So
Daniel Craig 007	7:30 Monday Night Movie: Midnight in Paris	7:30 Tuesday Night Movie: Cast Away	7:30 Wednesday Night Movie: Major League	The Talented Mr. Ripley	Michael Jackson's THIS IS IT	
3	14 Bastille Day	15	16	17	18	19
Meditation & QiGong: Workout DVD	10:30 Redefining Strength w/ Nichola	9:15 Integrated Movement for	9:30 Gentle Yoga w/ Leigh	900 OnSite Dermatology Visit	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
Early Morning Movie:	12:00 Symbria Wellness: Aqua Flow	Minď & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training	10:30 Merion Pool Time 11:00 Merion Roundtable Discussion w/Doug Asbury	9:30 Simple Seated Fitness DVD	10:00 Symbria Wellness: Balance Booster	11:00 Bingo & Prizes w/ Friends of The Mer
From Russia w/ Love (SC) Balance Booster Fitness DVD	1:00 Current Events w/ Howard Voeks	1:00 Mahjong @ The Merion	12:00 NETFLIX / The Four Seasons	11:00 BeMoved Dance w/ Heidi	12:30 NETFLIX / When Life Gives You Tangerines	11:00 Balance Booster Fitness DVD
30 Art Alive Programming: Bastille Day	1:00 Merion Bridge Club	1:00 Symbria Wellness: Aqua ABC'S	Season One / Episode 7 1:00 Merion Field Trip: The Northlight Theatre	1:00 Merion Bridge Club	Season One / Episode 6	12:30 NETFLIX / The Queens Gambit
Eugene Delacroix w/ D. Levie	1:30 Symbria Wellness: Stretch & Flex	(Abs, Back & Core) 1:30 ■ Merion Field Trip - Ravinia	"Twisted Melodies"	1:00 Merion Book Club Meet Up	1:00 The Hand & Foot Card Game	Season One / Episode 1
Merion Matinee: The Man w/ the Golden Gun (RM)	4:00 Happy Hour @ The Merion	Piano & Strings Program	1:00 Canasta Club @ The Merion 1:00 Fit & Functioning w/ Johnny	2:00 The Wellness Center: Grand Re-Opening Custom Home Care, Symbria Wellness	2:00 Aqua Aerobics w/ Nichola	1-3 Rummikub @ The Merion
O Shiva Rea: Meditation DVD	5:00 Bastille Day Dinner @ The Merion	2:30 Symbria Wellness: Fitness Fusion	4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio	Home Health Care Solutions	4:00 Shabbat Services w/ Suzy F. & Carol G.	2:30 Music Appreciation Lecture w/ Kurt L
00 The Music Institute of Chicago Ensemble	7:30 Pianist Ben Kim	4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie:	7:00 Scrabble Group @ The Merion 7:30 Wednesday Night Movie:	4:00 Happy Hour & Live Music w/ S. Aaron	4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: THE REF	"Bob Dylan".
0 Sunday Night Movie: SKYFALL (DC)	7:30 Monday Night Movie: La Vie en Rose	Where The Crawdads Sings	42 / The Jackie Řobinson Story	7:30 Thursday Night Movie: The Pelican Brief	7.30 Triday Night Movie. THE NEI	7:30 Saturday Night Movie: The Dream Tea
D	21	22	23	24	25	26
0 Meditation & QiGong: Workout DVD	9-12 Nurse Practitioner Visit w/ B. Tobin	9:15 Integrated Movement for	9:30 Gentle Yoga w/ Leigh	9:00 Merion Men's Club Breakfast	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
D Early Morning Movie: Goldfinger (SC)	10:30 Redefining Strength w/ Nichola	Mind & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training	10:30 Merion Pool Time	1:00 Mindful Movement & Breathe w/ Barbara	10:00 Symbria: Balance Booster	11:00 Bingo & Prizes w/ Friends of The Mer
Larry morning movie, dolaringer (50)	12:00 Symbria Wellness: Aqua Flow	12:00 Merion Field Trip: The Hampton Special	12:00 NETFLIX / The Four Seasons Season One / Episode 8	1:00 Merion Bridge Club	12:30 NETFLIX/ When Life Gives You Tangerines	11:00 Balance Booster Fitness DVD
Balance Booster: Fitness DVD	1:00 Poetry Corner @ The Merion with Greg S. & Irene E.	1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S	1:00 Canasta Club @ The Merion	1:30 Merion Field Trip - Ravinia	Season One / Episode 7 1:00 The Hand & Foot Card Game	12:30 NETFLIX / The Queens Gambit Season One / Episode 2
0 Merion Matinee: The Spy Who Loved Me (RM)	_	(Abs, Back & Core)	1:00 Fit & Functioning w/ Johnny	Piano & Strings Program	3:00 Custom Home Care	1-3 Rummikub @ The Merion
	1:30 Symbria Wellness: Stretch & Flex	2:30 Symbria Wellness: Fitness Fusion 3:00 History in Perspective w/ Eugene F	3:00 ■ Open Forum @ The Merion 4:00 ■ Happy Hour @ The Merion	2:00 Tasty Thursdays @ The Merion	Summer Ice Cream Social	1:30 Balance, Mobility & Wellness w/ M. Mc
O Shiva Rea: Meditation DVD	4:00 ■ Happy Hour @ The Merion	"How to Invade Russia"	7:00 Scrabble Group @ The Merion	4:00 Happy Hour @ The Merion	4:00 Happy Hour & Live Music w/ A. Tatum	7:30 Pianist Ben Kim
30 Sunday Night Movie: SPECTRE (DC)	7:30 Monday Night Movie: West Side Story	4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie: Secret Window	7:30 Wednesday Night Movie: MONEYBALL	7:30 Thursday Night Movie: Zero Dark Thirty	7:30 Friday Night Movie: OPPENHEIMER	7:30 Saturday Night Movie: London Has Fa
7	28	29	30 National Cheesecake Day	31		
0 Meditation & QiGong: Workout DVD			9:30 Gentle Yoga w/ Leigh			
•	10:30 ■ Redefining Strength w/ Nichola 12:00 ■ Symbria Wellness: Aqua Flow	9:15 Integrated Movement for Mind & Body w/ Barbara	10:30 Merion Pool Time	9:30 Simple Seated Fitness DVD 11:00 BeMoved Dance w/ Heidi		Arts & Culture
0 Early Morning Movie: GoldenEye Pierce Brosnan 007	1:00 Symbria Wellness: Aqua Flow 1:00 Current Events w/ Howard Voeks	11:30 Symbria Wellness: Fitness Training				■ Health & Fitness
	1:00 Merion Bridge Club	1:00 Mahjong @ The Merion	12:00 NETFLIX / GARBO: Where Did You Go?	12:30 NETFLIX / STRAW		
	1.00 mienon briage ciab	1:00 Symbria Wellness: Aqua ABC'S	1:00 Canasta Club @ The Merion	1:00 Merion Bridge Club		■ Life Long Learnin
0 ■ Balance Booster Fitness DVD	1:30 Symbria Wallnass, Stratch & Elay		1:00 Fit & Functioning w/ Johnny	2:00 Tasty Thursdays @ The Merion		■ Music
0 Balance Booster Fitness DVD Canvas Creations w/ Charlotta	1:30 Symbria Wellness: Stretch & Flex	(Abs, Back & Core)	400 - 11 0 11 10111 2111	2:00 = Lot'o Lolle Intercating Conversations		_
 Balance Booster Fitness DVD Canvas Creations w/ Charlotta Merion Matinee: Tomorrow Never Dies (PB) 	1:30 ■ Symbria Wellness: Stretch & Flex 2:30 ■ Symbria Wellness Presents: The Power of Movement	(Abs, Back & Core) 2:30 ■ Symbria Wellness: Fitness Fusion	4:00 July Resident Birthday Celebration	3:00 Let's Talk: Interesting Conversations w/ Greg S.		Social Activities
Balance Booster Fitness DVD Canvas Creations w/ Charlotta Merion Matinee: Tomorrow Never Dies (PB) Shiva Rea: Meditation DVD	2:30 ■ Symbria Wellness Presents:		4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio	w/ Greg S.		■ Social Activities
Balance Booster Fitness DVD Canvas Creations w/ Charlotta Merion Matinee: Tomorrow Never Dies (PB)	2:30 Symbria Wellness Presents: The Power of Movement	2:30 Symbria Wellness: Fitness Fusion				Social ActivitiesSpiritual Wellness