SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LABOR DAY	2	3	4	5	6
Arts & Culture	10:30 Redefining Strength w/ Nichola	9:15 Integrated Movement for Mind & Body	9:30 Gentle Yoga w/ Leigh	9:30 Balance, Mobility & Wellness w/ Mike	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
Health & Fitness	12:00 Symbria Wellness: Aqua Flow	w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training	10:30 Merion Pool Time 11:00 Merion Roundtable Discussion	11:00 BeMoved Dance w/ Heidi	10:00 Symbria Wellness: Balance Booster	11:00 Bingo and Prizes w/ Friends
■ Life Long Learning	1:00 Poetry Corner @ The Merion	1:00 Mahjong @ The Merion	w/ Doug Asbury	11:30 Merion Field Trip: Bahai House of Worship	12:30 NETFLIX / The Kominsky Method	11:00 Balance Booster Fitness DVD
	with Greg S. & Guest	1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core)	12:00 NETFLIX / Grace and Frankie Season One / Episode 5	1:00 Merion Bridge Club	Season Two / Episodes 3 & 4 1:00 The Hand & Foot Card Game	12:30 NETFLIX / The Leopard Season One / Episode 1
■ Music	1:00 Merion Bridge Club	2:30 Symbria Wellness: Fitness Fusion	1:00 CHC: Blood Pressure Screening 1:00 Canasta Club @ The Merion	2:00 Tasty Thursdays @ The Merion	4:00 Shabbat Services w/ Suzy F. & Carol G.	1-3 Rummikub @ The Merion
Social Activities	1:30 Symbria Wellness: Stretch & Flex	3:00 History in Perspective w/ Eugene F.	3:00 ■ Open Forum @ The Merion	4:00 Happy Hour & Live Music w/ S. Aaron	6:30-8 Flamenco and Sangrias @ The Merion	2:00 Merion Field Trip: Writers Theatre
Spiritual Wellness	4-6 Labor Day BBQ @ The Merion	France in Sixty Minutes; Part IV 4:00 Happy Hour @ The Merion	4:00 Happy Hour @ The Merion 7:00 Scrabble Group @ The Merion	7:30 Thursday Night Movie:	w/ Guitarist Martin Metzger	RACHMANIOFF AND THE TSAR
-	7:30 Monday Night Movie: Saving Private Ryan	7:30 Tuesday Night Movie: New York Stories	7:30 Wednesday Night Movie: Green Book	If Beale Street Could Talk	7:30 Friday Night Movie: Guarding Tess	7:30 Saturday Night Movie: Sabrina
7 GRANDPARENTS DAY	8	9	10	11	12	13
9:00 Meditation & QiGong: Workout DVD	10:30 Redefining Strength w/ Nichola	9:15 Integrated Movement for Mind & Body	9:30 Gentle Yoga w/ Leigh	9:30 Simple Seated: Fitness DVD	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
11:00 Early Morning Movie: Angel on my Shoulder	12:00 Symbria Wellness: Aqua Flow	w/ Barbara	10:30 Merion Pool Time	11:00 BeMoved Dance w/ Heidi	10:00 Symbria Wellness: Balance Booster	11:00 Bingo and Prizes w/ Friends
, , , , , , , , , , , , , , , , , , , ,	1:00 Current Events w/ Howard Voeks	11:30 Symbria Wellness: Fitness Training 11:30 Merion Field Trip: Lincoln Park Zoo	12:00 NETFLIX / Grace and Frankie Season One / Episode 6	12:30 PRIME / BOJANGLES	11:30 Merion Short Story Discussion w/ C. Garner	11:00 ■ Balance Booster Fitness DVD
1:00 Grandparents Day @ The Merion	1:00 Merion Bridge Club	12:30 NETFLIX / SUNDAY BEST	1:00 CHC: Blood Pressure Screening	1:00 Merion Bridge Club	"Katherine Mansfield Presentation" 12:30 NETFLIX / The Kominsky Method	
1:30 Jane Fonda AM/PM Yoga: Fitness DVD		1:00 Mahjong @ The Merion	1:00 Canasta Club @ The Merion	2:00 Tasty Thursdays @ The Merion	Season Two / Episodes 5 & 6	12:30 NETFLIX / The Leopard Season One / Episode 2
2:30 Merion Matinee: The Graduate	1:30 Symbria Wellness: Stretch & Flex	1:00 Symbria Wellness: Aqua ABC'S (Abs. Back & Core)	2:30 Custom Home Care Presents:	3:00 ■ Let's Talk: Interesting Conversations	1:00 The Hand & Foot Card Game	·
	2:30 Canvas Creations w/ Charlotta	2:30 Symbria Wellness: Fitness Fusion	4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio	w/ Greg S.	4:00 Happy Hour @ The Merion	1-3 Rummikub @ The Merion
5:00 Shiva Rea: Meditation DVD	4:00 Happy Hour @ The Merion	4:00 Happy Hour @ The Merion	7:00 Scrabble Group @ The Merion	4-6 Happy Hour @ The Merion	6:00 Focused Reflection w/ Mui	2:30 Art Alive Programming w/ D. Levie
7:30 Sunday Night Movie: A Mile in His Shoes	7:30 Monday Night Movie: Lilies of Field	7:30 Tuesday Night Movie: MISERY	7:30 Wednesday Night Movie: The Fan	7:30 Thursday Night Movie: Good Will Hunting	7:30 Friday Night Movie: Blackbird	7:30 Saturday Night Movie: Crazy Stupid Love
14	15	16 MEXICAN INDEPENDENCE DAY	17	18	19	20
9:00 Meditation & QiGong: Workout DVD	10:30 Redefining Strength w/ Nichola	9:15 Integrated Movement for	9:30 Gentle Yoga w/ Leigh	9:30 Balance Booster: Fitness DVD	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
11:00 Early Morning Movie: Beat the Devil	12:00 Symbria Wellness: Aqua Flow	Mind & Body w/ Barbara 11:30 ■ Symbria Wellness: Fitness Training	10:30 Merion Pool Time 11:00 Merion Roundtable Discussion	10:00 Merion Field Trip: The Art Institute	10:00 Symbria Wellness: Balance Booster	11:00 Bingo and Prizes w/ Friends
1:30 Simply Seated: Fitness DVD	1:00 Poetry Corner @ The Merion w/ Greg S. & Guests	1:00 Mahjong @ The Merion	w/ Doug Asbury	Gustave Caillebotte: Painting His World	11:30 Laughing Yoga w/ Lindsay D.	11:00 Balance Booster Fitness DVD
2:30 Merion Matinee: Young @ Heart	1:00 Merion Bridge Club	1:00 Symbria Wellness: Aqua ABC'S	12:00 NETFLIX / Grace and Frankie Season One / Episode 7	1:00 Merion Bridge Club	12:30 NETFLIX / The Kominsky Method	12:30 NETFLIX / The Leopard
• •	1:30 Symbria Wellness: Stretch & Flex	(Abs, Back & Core) 2:30 ■ Symbria Wellness: Fitness Fusion	1:00 CHC: Blood Pressure Screening	1:00 Merion Book Club Meet Up	Season Two / Episodes 7 & 8	Season One / Episode 3
5:00 Shiva Rea: Meditation DVD	2:30 Canvas Creations w/ Charlotta	4:00 Mexican Independence Day Happy Hour	1:00 Canasta Club @ The Merion 3:00 Open Forum @ The Merion	2:00 Tasty Thursdays @ The Merion	1:00 The Hand & Foot Card Game	1-3 Rummikub @ The Merion
7:30 Strings & Conversations w/ Jaime & Sandro	=	5:00 Mexican Independence Day Dinner	4:00 September Resident Birthday Celebration	4:00 Happy Hour @ The Merion	4:00 Shabbat Services w/ Suzy F. & Carol G.	2:30 Music Appreciation Lecture w/ Kurt Presents: The Rise of the Crooners
7:30 Sunday Night Movie: Take Me Out to the Ballgame	7:30 Pianist Ben Kim @ The Merion 7:30 Monday Night Movie: The Sandlot	@ The Merion 7:30 Tuesday Night Movie: Mr. 3000	4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio 7:30 Wednesday Night Movie: The Bingo Long	7:30 Thursday Night Movie: The Big Sick	4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: Moonstruck	7:30 Saturday Night Movie: GHOST
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21	22 ROSH HASHANAH	23 ROSH HASHANAH	24 ROSH HASHANAH	25	26	27
9:00 Meditation & QiGong: Workout DVD	10:30 Jane Fonda Walkout: Fitness DVD	9:15 Jane Fonda Fitness DVD	9:30 Gentle Yoga w/ Leigh	9:00 Merion Men's Club Breakfast	9:00 Interfaith Musings w/ J. Agne	10-12 Billiards @ The Merion
11:00 Early Morning Movie: Catch Me a Spy	12:00 Symbria Wellness: Aqua Flow	11:30 Symbria Wellness: Fitness Training	10:30 Merion Pool Time	11:00 BeMoved Dance w/ Heidi	10:00 Symbria Wellness: Balance Booster	11:00 Bingo and Prizes w/ Friends
400 B. L. B. J. E'I. BVD	1:00 Current Events w/ Howard Voeks	12:30 NETFLIX / The Penguin Lessons	12:00 NETFLIX / Grace and Frankie Season One / Episode 8	12:30 NETFLIX / REBEL RIDGE	12:30 NETFLIX/ The Kominsky Method	11:00 ■ Balance Booster Fitness DVD
1:30 Balance Booster: Fitness DVD	1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex	1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S	1:00 ■ CHC: Blood Pressure Screening	1:00 Mindful Movement & Breathe w/ Barbara	Season Three / Episodes 1 & 2	12:30 NETFLIX / The Leopard Season One / Episode 4
2:30 Merion Matinee: TOOTSIE	5:00 High Holiday Services / Rosh Hashanah	(Abs, Back & Core)	1:00 Canasta Club @ The Merion	2:00 Tasty Thursdays @ The Merion	1:00 The Hand & Foot Card Game	1-3 Rummikub @ The Merion
5:00 Shiya Page Maditation DVD	w/ Rabbi Barry Axler	2:30 Symbria Wellness: Fitness Fusion	4:00 Happy Hour @ The Merion	3:00 Let's Talk: Interesting Conversation w/ Greg	2:00 Aqua Aerobics w/ Nichola	2:30 Music Appreciation Lecture w/ Kurt
5:00 Shiva Rea: Meditation DVD	6:00 Rosh Hashanah Dinner @ The Merion	4:00 Happy Hour @ The Merion	7:00 Scrabble Group @ The Merion	4:00 Happy Hour & Live Music w/ S. Aaron	4:00 Happy Hour & Live Music w/ A. Tatum	Presents: Frank Sinatra
7:30 Sunday Night Movie: A Million Dollar Arm	7:30 Monday Night Movie: The Natural	7:30 Tuesday Night Movie: Fiddler on the Roof	7:30 Wednesday Night Movie: GOLDA	7:30 Thursday Night Movie: The Bucket List	7:30 Friday Night Movie: Eat Pray Love	7:30 Saturday Night Movie: Runaway Bride
28	29	30	A Contract of the Contract of			
9:00 Meditation & QiGong: Workout DVD	10:30 ■ Redefining Strength w/ Nichola	9:15 Integrated Movement for Mind & Body				
11:00 Early Morning Movie:	12:00 Symbria Wellness: Aqua Flow	w/ Barbara	Salar Carlotte			
Thať Uncertain Feeling	1:00 Poetry Corner @ The Merion w/ Greg S. & Guests	11:30 Symbria Wellness: Fitness Training 1:00 Mahjong @ The Merion				
1:30 Jane Fonda Walkout: Fitness DVD	1:00 Merion Bridge Club	1:00 Symbria Wellness: Aqua ABC's		1 26/21	ack ar	
2:30 Merion Matinee: House Calls	1:30 ■ Symbria Wellness: Stretch & Flex 2:30 ■ Symbria Wellness: Healthy Eating Tips	(Abs, Back & Core)		Ceausi	roer l	
5:00 Shiva Rea: Meditation DVD	w/ Herman; Fuel Your Body	2:30 Symbria Wellness: Fitness Fusion 3:00 History in Perspective w/ Eugene F.				
7:00 The Music Institute of Chicago	4:00 Happy Hour @ The Merion 7:30 The ADA Duo Concert	"Shakespeare and History"		(2)(112/5	
7:30 Sunday Night Movie: 42	A. Hess & A. Teng	4:00 ■ Happy Hour @ The Merion				
The Jackie Robinson Story	7:30 Monday Night Movie: Field of Dreams	7:30 Tuesday Night Movie: A League of Their Own				