

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div>January 2026</div>						<div>■ Arts & Culture</div> <div>■ Health & Fitness</div> <div>■ Life Long Learning</div> <div>■ Music</div> <div>■ Social Activities</div> <div>■ Spiritual Wellness</div>		<div>1 NEW YEAR'S DAY / KWANZAA ENDS</div> <div>9:30 <div>■</div> Sit and be Fit Fitness DVD</div> <div>11:00 <div>■</div> (NCAAFB) The Orange Bowl</div> <div>12:30 <div>■</div> Afternoon Movie: The Dream Team</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>3:00 <div>■</div> (NCAAFB) The Rose Bowl</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:00 <div>■</div> (NCAAFB) The Sugar Bowl</div> <div>7:30 <div>■</div> Thursday Night Movie: A Scent of a Woman</div>		<div>2</div> <div>9:00 <div>■</div> Interfaith Musings w/ J. Agne</div> <div>10:00 <div>■</div> Symbria: Balance Booster</div> <div>11:30 <div>■</div> Merion Short Story Discussion w/ C. Garner</div> <div>12:30 <div>■</div> PRIME / PBS: The American Revolution Season One/ Episode 1</div> <div>1:00 <div>■</div> The Hand & Foot Card Game</div> <div>2:00 <div>■</div> Redefining Strength w/ Nichola</div> <div>4:00 <div>■</div> Happy Hour at The Merion</div> <div>7:30 <div>■</div> Friday Night Movie: The Magic of Belle Isle</div>		<div>3 NATIONAL CHOCOLATE COVERED CHERRY DAY</div> <div>10-12 <div>■</div> Billiards @ The Merion</div> <div>11:00 <div>■</div> Bingo & Prizes w/ The Friends</div> <div>11:00 <div>■</div> Balance & Strength Fitness DVD</div> <div>12:30 <div>■</div> NETFLIX / HOMELAND Season One / Episode 1</div> <div>1-3 <div>■</div> Rummikub at The Merion</div> <div>1:30 <div>■</div> CINNAMON, CHAI, & CHEERIES!</div> <div>6:00 <div>■</div> Focused Reflection w/ Mui</div> <div>7:30 <div>■</div> Saturday Night Movie: Something's Gotta Give</div>	
<div>4</div> <div>9:00 <div>■</div> Meditation & QiGong: Workout DVD</div> <div>11:00 <div>■</div> Early Morning Movie: Come September</div> <div>1:30 <div>■</div> Balance & Strength Fitness DVD</div> <div>2:30 <div>■</div> Jewelry Making & Beading w/ Abigail</div> <div>2:30 <div>■</div> Merion Matinee: Blind Folded</div> <div>5:00 <div>■</div> Shiva Rea: Meditation DVD</div> <div>7:00 <div>■</div> The Music Institute of Chicago Ensemble</div> <div>7:30 <div>■</div> Sunday Night Movie: January Man</div>		<div>5</div> <div>10:30 <div>■</div> Redefining Strength w/ Nichola</div> <div>12:00 <div>■</div> Symbria Wellness: Aqua Flow</div> <div>1:00 <div>■</div> Poetry Corner w/ Friends of the Merion</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:30 <div>■</div> Symbria Wellness: Stretch & Flex</div> <div>2:30 <div>■</div> Canvas Creations w/ Charlotta</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Monday Night Movie: Two Faces of January</div>		<div>6</div> <div>9:15 <div>■</div> Integrated Movement for Mind & Body w/ Barbara</div> <div>11:30 <div>■</div> Symbria Wellness: Fitness Training</div> <div>1:00 <div>■</div> Mahjong @ The Merion</div> <div>1:00 <div>■</div> Symbria Wellness: Aqua ABC'S (Abs, Back & Core)</div> <div>2:30 <div>■</div> Symbria Wellness: Fitness Fusion</div> <div>3:00 <div>■</div> History in Perspective w/ E. Finerman Presents: Meet Your Calendar</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ Laura Hamm</div> <div>7:30 <div>■</div> Tuesday Movie: Because I Said So</div>		<div>7</div> <div>9:30 <div>■</div> Gentle Yoga w/ Leigh</div> <div>10:30 <div>■</div> Merion Pool Time</div> <div>12:00 <div>■</div> NETFLIX / Grace & Frankie Season Three/ Episode 2</div> <div>1:00 <div>■</div> CHC: Blood Pressure Screening</div> <div>1:00 <div>■</div> Fit & Functioning w/ Johnny</div> <div>1:00 <div>■</div> Canasta Club @ The Merion</div> <div>3:00 <div>■</div> Open Forum @ The Merion w/ Senior Connections</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ Abigail R. Healy</div> <div>7:00 <div>■</div> Poker Night @ The Merion</div> <div>7:30 <div>■</div> Wednesday Night Movie: LBJ</div>		<div>8</div> <div>9:30 <div>■</div> Balance, Mobility, & Wellness w/ Mike</div> <div>11:00 <div>■</div> BeMoved Dance w/ Heidi</div> <div>12:30 <div>■</div> NETFLIX / BREAKDOWN: 1975</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>2:00 <div>■</div> Tasty Thursdays @ The Merion</div> <div>3:00 <div>■</div> Let's Talk w/ Greg 5 Perspectives of America From Abroad</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Thursday Night Movie: Moving On</div>		<div>9</div> <div>9:00 <div>■</div> Interfaith Musings w/ J. Agne</div> <div>12:30 <div>■</div> PRIME / PBS: The American Revolution Season One/ Episode 2</div> <div>1:00 <div>■</div> The Hand & Foot Card Game</div> <div>2:30 <div>■</div> Museums of the World w/ Debra L. Presents: Costume Institute</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ Ameerah Tatum</div> <div>7:30 <div>■</div> Friday Night Movie: Annie Hall</div>		<div>10</div> <div>10-12 <div>■</div> Billiards @ The Merion</div> <div>11:00 <div>■</div> Bingo & Prizes w/ Friends</div> <div>11:00 <div>■</div> Balance & Strength Fitness DVD</div> <div>12:30 <div>■</div> NETFLIX / HOMELAND Season One / Episode 2</div> <div>1-3 <div>■</div> Rummikub @ The Merion</div> <div>1:00 <div>■</div> Fit & Functioning w/ Johnny</div> <div>2:30 <div>■</div> February and March Review w/ Tammy</div> <div>7:30 <div>■</div> Saturday Night Movie: The Story of Us</div>	
<div>11 SUNDAY BRUNCH AT THE MERION</div> <div>9:00 <div>■</div> Meditation & QiGong: Workout DVD</div> <div>11:00 <div>■</div> Merion Sunday Brunch</div> <div>11:00 <div>■</div> Early Morning Movie: Man's Favorite Sport</div> <div>1:30 <div>■</div> Balance & Strength Fitness DVD</div> <div>2:30 <div>■</div> Music Discovery w/ Dr. Dan Healy Presents: Carmen McRae</div> <div>2:30 <div>■</div> Merion Matinee: Has Anybody Seen My Gal</div> <div>5:00 <div>■</div> Shiva Rea: Meditation DVD</div> <div>7:00 <div>■</div> The 83rd Annual Golden Globes / CBS</div> <div>7:30 <div>■</div> Sunday Night Movie: SHINE</div>		<div>12</div> <div>10:30 <div>■</div> Redefining Strength w/ Nichola</div> <div>12:00 <div>■</div> Symbria Wellness: Aqua Flow</div> <div>1:00 <div>■</div> Current Events Discussion w/ H. Voeks</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:30 <div>■</div> Symbria Wellness: Stretch & Flex</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Strings and Conversations w/ Jaime G. & Sandro T.</div> <div>7:30 <div>■</div> Monday Night Movie: AIRPLANE</div>		<div>13</div> <div>9:15 <div>■</div> Integrated Movement for Mind & Body w/ Barbara</div> <div>11:30 <div>■</div> Symbria Wellness: Fitness Training</div> <div>12:30 <div>■</div> NETFLIX / JAY KELLY</div> <div>1:00 <div>■</div> Mahjong @ The Merion</div> <div>1:00 <div>■</div> Symbria Wellness: Aqua ABC'S (Abs, Back & Core)</div> <div>2:30 <div>■</div> Symbria Wellness: Fitness Fusion</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Tuesday Night Movie: The American President</div>		<div>14</div> <div>9:30 <div>■</div> Gentle Yoga w/ Leigh</div> <div>11:00 <div>■</div> Merion Roundtable Discussion w/ Doug Asbury</div> <div>12:00 <div>■</div> NETFLIX / Grace and Frankie Season Three/ Episode 3</div> <div>1:00 <div>■</div> CHC: Blood Pressure Screening</div> <div>1:00 <div>■</div> Fit & Functioning w/ Johnny</div> <div>1:00 <div>■</div> Canasta Club @ The Merion</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ Jerry Tiberi Trio</div> <div>7:00 <div>■</div> POKER NIGHT @ The Merion</div> <div>7:30 <div>■</div> Wednesday Night Movie: The First Wives Club</div>		<div>15 DR. MARTIN LUTHER KING, JR. BDAY</div> <div>9:30 <div>■</div> Sit and be Fit Fitness DVD</div> <div>11:00 <div>■</div> Fit & Functioning w/ Johnny</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:00 <div>■</div> Merion Book Club Meet Up</div> <div>2:00 <div>■</div> Tasty Thursdays @ The Merion</div> <div>3:00 <div>■</div> MLK: I Have a Dream DVD</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ S. Aaron</div> <div>7:30 <div>■</div> Thursday Night Movie: John Lewis / Good Trouble</div>		<div>16</div> <div>9:00 <div>■</div> Interfaith Musings w/ J. Agne</div> <div>10:00 <div>■</div> Symbria: Balance Booster</div> <div>11:30 <div>■</div> Merion Short Story Discussion w/ C. Garner</div> <div>12:30 <div>■</div> PRIME / PBS: The American Revolution Season One/ Episode 3</div> <div>1:00 <div>■</div> The Hand & Foot Card Game</div> <div>4:00 <div>■</div> Shabbat Services w/ Carol G. & Suzy F.</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Friday Night Movie: The Bucket List</div>		<div>17</div> <div>10-12 <div>■</div> Billiards @ The Merion</div> <div>11:00 <div>■</div> Bingo & Prizes w/ Friends</div> <div>11:00 <div>■</div> Balance & Strength Fitness DVD</div> <div>12:30 <div>■</div> NETFLIX / HOMELAND Season One / Episode 3</div> <div>1-3 <div>■</div> Rummikub @ The Merion</div> <div>6:00 <div>■</div> Focused Reflection w/ Mui</div> <div>7:30 <div>■</div> Saturday Night Movie: POMS</div>	
<div>18</div> <div>9:00 <div>■</div> Meditation & QiGong: Workout DVD</div> <div>11:00 <div>■</div> Early Morning Movie: Strange Bedfellows</div> <div>1:30 <div>■</div> Balance & Strength Fitness DVD</div> <div>2:30 <div>■</div> Jewelry Making & Beading w/ Abigail</div> <div>2:30 <div>■</div> Merion Matinee: Dirty Dancing</div> <div>5:00 <div>■</div> Shiva Rea: Meditation DVD</div> <div>7:00 <div>■</div> The Music Institute of Chicago Ensemble</div> <div>7:30 <div>■</div> Sunday Night Movie: Gone With The Wind, Part One</div>		<div>19 DR. MARTIN LUTHER KING, JR. DAY</div> <div>10:30 <div>■</div> Redefining Strength w/ Nichola</div> <div>12:00 <div>■</div> Symbria Wellness: Aqua Flow</div> <div>1:00 <div>■</div> Poetry Corner w/ Friends of The Merion</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:30 <div>■</div> Symbria Wellness: Stretch & Flex</div> <div>2:30 <div>■</div> Canvas Creations w/ Charlotta</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Monday Night Movie: Gone With The Wind, Part Two</div>		<div>20</div> <div>9:15 <div>■</div> Integrated Movement for Mind & Body w/ Barbara</div> <div>11:30 <div>■</div> Symbria Wellness: Fitness Training</div> <div>1:00 <div>■</div> Mahjong @ The Merion</div> <div>1:00 <div>■</div> Symbria Wellness: Aqua ABC'S (Abs, Back & Core)</div> <div>2:30 <div>■</div> Symbria Wellness: Fitness Fusion</div> <div>3:00 <div>■</div> History in Perspective w/ E. Finerman Presents: The Anniversary of Parliament</div> <div>4:00 <div>■</div> Happy Hour & Live Music Chicago Jazz Dads</div> <div>7:30 <div>■</div> Tuesday Night Movie: Alex & Emma</div>		<div>21</div> <div>9:30 <div>■</div> Gentle Yoga w/ Leigh</div> <div>10:30 <div>■</div> Merion Pool Time</div> <div>12:00 <div>■</div> NETFLIX / Grace & Frankie Season Three/ Episode 4</div> <div>1:00 <div>■</div> CHC: Blood Pressure Screening</div> <div>1:00 <div>■</div> Fit & Functioning w/ Johnny</div> <div>1:00 <div>■</div> Canasta Club @ The Merion</div> <div>3:00 <div>■</div> Open Forum @ The Merion</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:00 <div>■</div> Poker Night @ The Merion</div> <div>7:30 <div>■</div> Wednesday Night Movie: Book Club</div>		<div>22</div> <div>9:30 <div>■</div> Sit and be Fit Fitness DVD</div> <div>12:30 <div>■</div> NETFLIX / 27 NIGHTS</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:00 <div>■</div> Mindful Movement w/ Barbara</div> <div>2:00 <div>■</div> Tasty Thursdays @ The Merion</div> <div>3:00 <div>■</div> Let's Talk w/ Greg The Past /Continues to Influence Us</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Thursday Night Movie: The Women</div>		<div>23</div> <div>9:00 <div>■</div> Interfaith Musings w/ J. Agne</div> <div>10:00 <div>■</div> Symbria: Balance Booster</div> <div>12:30 <div>■</div> PRIME / PBS: The American Revolution Season One/ Episode 4</div> <div>1:00 <div>■</div> The Hand & Foot Card Game</div> <div>2:30 <div>■</div> Art Alive Programming w/ Debra Levie Presents: Diego Velazquez, Part Two</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ A. Tatum</div> <div>7:30 <div>■</div> Friday Night Movie: And So It Goes</div>		<div>24</div> <div>10-12 <div>■</div> Billiards @ The Merion</div> <div>11:00 <div>■</div> Bingo & Prizes w/ Friends</div> <div>11:00 <div>■</div> Balance Booster Fitness DVD</div> <div>12:30 <div>■</div> NETFLIX / HOMELAND Season One / Episode 4</div> <div>1-3 <div>■</div> Rummikub @ The Merion</div> <div>2:30 <div>■</div> Music Appreciation Lecture w/ Kurt Medieval, Renaissance, Baroque, & Classical</div> <div>7:30 <div>■</div> Saturday Night Movie: When Harry Met Sally</div>	
<div>25</div> <div>9:00 <div>■</div> Meditation & QiGong: Workout DVD</div> <div>11:00 <div>■</div> Early Morning Movie: A Very Special Favor</div> <div>1:30 <div>■</div> Balance & Strength Fitness DVD</div> <div>2:30 <div>■</div> Music Discovery w/ Dr. Dan Healy Presents: Lester Young</div> <div>2:30 <div>■</div> Merion Matinee: HITCH</div> <div>5:00 <div>■</div> Shiva Rea: Meditation DVD</div> <div>7:30 <div>■</div> Viva Viols/ New Year, New Memories Venus Fu & Linda Chessick</div> <div>7:30 <div>■</div> Sunday Night Movie: Gone With The Wind, Part Three</div>		<div>26</div> <div>10:30 <div>■</div> Redefining Strength w/ Nichola</div> <div>12:00 <div>■</div> Symbria Wellness: Aqua Flow</div> <div>1:00 <div>■</div> Current Events Discussion w/ H. Voeks</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:30 <div>■</div> Symbria Wellness: Stretch & Flex</div> <div>2:30 <div>■</div> Symbria Wellness w/ Herman Approach to Fall Prevention</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ Maracujaz Band</div> <div>7:30 <div>■</div> Monday Night Movie: Gone With The Wind, Part Four</div>		<div>27</div> <div>9:15 <div>■</div> Integrated Movement for Mind & Body w/ Barbara</div> <div>11:30 <div>■</div> Symbria Wellness: Fitness Training</div> <div>12:30 <div>■</div> NETFLIX / The New Yorker At 100</div> <div>1:00 <div>■</div> Mahjong @ The Merion</div> <div>1:00 <div>■</div> Symbria Wellness: Aqua ABC's (Abs, Back & Core)</div> <div>2:30 <div>■</div> Symbria Wellness: Fitness Fusion</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>7:30 <div>■</div> Tuesday Night Movie: Love the Coopers</div>		<div>28</div> <div>9:30 <div>■</div> Gentle Yoga w/ Leigh</div> <div>10:30 <div>■</div> Merion Pool Time</div> <div>11:00 <div>■</div> Merion Roundtable Discussion w/ Doug Asbury</div> <div>12:00 <div>■</div> NETFLIX / Grace & Frankie Season Three/ Episode 5</div> <div>1:00 <div>■</div> CHC: Blood Pressure Screening</div> <div>1:00 <div>■</div> Fit & Functioning w/ Johnny</div> <div>1:00 <div>■</div> Canasta Club @ The Merion</div> <div>2:30 <div>■</div> Custom Home Care Presents Low Vision Support</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ Jerry Tiberi Trio</div> <div>4:00 <div>■</div> January Resident Birthday Celebration</div> <div>7:00 <div>■</div> Poker Night @ The Merion</div> <div>7:30 <div>■</div> Wednesday Movie: The Father of the Bride</div>		<div>29</div> <div>9:30 <div>■</div> Balance, Mobility, & Wellness w/ Mike</div> <div>12:30 <div>■</div> NETFLIX / HEDDA</div> <div>1:00 <div>■</div> Merion Bridge Club</div> <div>1:00 <div>■</div> Mindful Movement w/ Barbara</div> <div>2:00 <div>■</div> Tasty Thursdays @ The Merion</div> <div>4:00 <div>■</div> Happy Hour & Live Music w/ S. Aaron</div> <div>7:30 <div>■</div> Thursday Night Movie: The Money Pit</div>		<div>30 PRIME RIB NIGHT</div> <div>9:00 <div>■</div> Interfaith Musings w/ J. Agne</div> <div>10:00 <div>■</div> Symbria: Balance Booster</div> <div>11:30 <div>■</div> Merion Short Story Discussion w/ C. Garner</div> <div>12:30 <div>■</div> PRIME / PBS: The American Revolution Season One/ Episode 5</div> <div>1:00 <div>■</div> The Hand & Foot Card Game</div> <div>4:00 <div>■</div> Shabbat Services w/ Carol G. & Suzy F.</div> <div>4:00 <div>■</div> Happy Hour @ The Merion</div> <div>5:00 <div>■</div> Prime Rib Night at The Merion</div> <div>7:30 <div>■</div> Friday Night Movie: Looking For Mr. Goodbar</div>		<div>31</div> <div>10-12 <div>■</div> Billiards @ The Merion</div> <div>11:00 <div>■</div> Bingo & Prizes w/ Friends</div> <div>11:00 <div>■</div> Balance & Strength Fitness DVD</div> <div>12:30 <div>■</div> NETFLIX / HOMELAND Season One / Episode 5</div> <div>1-3 <div>■</div> Rummikub @ The Merion</div> <div>2:30 <div>■</div> Music Appreciation Lecture w/ Kurt 20th Century Modern & Contemporary Music</div> <div>7:30 <div>■</div> Saturday Night Movie: Stand By Me</div>	