

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Febfuary 2026



- Arts & Culture
- Health & Fitness
- Life Long Learning
- Music
- Social Activities
- Spiritual Wellness

1
9:00 ■ Meditation & QiGong: Workout DVD
11:00 ■ Early Morning Movie: MAHALIA, Part One
1:30 ■ Simply Seated Fitness DVD
2:30 ■ Merion Matinee: MAHALIA, Part Two
5:00 ■ Shiva Rea: Meditation DVD
7:00 ■ The 68th Annual Grammy Awards
7:30 ■ Sunday Night Movie: DREAMGIRLS

2 GROUNDHOG DAY

10:30 ■ Redefining Strength w/ Nichola
12:00 ■ Symbria Wellness: Aqua Flow
1:00 ■ Poetry Corner w/ Friends of the Merion
1:00 ■ Merion Bridge Club
1:30 ■ Symbria Wellness: Stretch & Flex
2:30 ■ Canvas Creations w/ Charlotta
4:00 ■ Happy Hour @ The Merion
7:30 ■ Monday Night Movie: Maya Angelou: AND STILL I RISE

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9:15 ■ Integrated Movement for Mind & Body w/ Barbara
10:30 ■ Merion Pool Time
11:00 ■ Merion Roundtable Discussion w/ Doug Asbury
12:00 ■ NETFLIX / Grace and Frankie Season Three / Episode 5
1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core)
2:30 ■ Symbria Wellness: Fitness Fusion
3:00 ■ History in Perspective w/ E. Finerman Presents: The Emergence of Japan
4:00 ■ Happy Hour @ The Merion
7:00 ■ Poker Night @ The Merion
7:30 ■ Wednesday Night Movie: Under the Tuscan Sun

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9:30 ■ Gentle Yoga w/ Leigh
10:30 ■ Merion Pool Time
11:00 ■ BeMoved Dance w/ Heidi
12:30 ■ PRIME VIDEO / SINNERS
1:00 ■ Merion Bridge Club
2:00 ■ Tasty Thursdays @ The Merion
3:00 ■ Let's Talk w/ Greg S. "Selling Ideas, Part One"
4:00 ■ Happy Hour @ The Merion
7:00 ■ Thursday Night Movie: SELMA

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9:30 ■ Balance, Mobility, & Wellness w/ Mike
11:00 ■ BeMoved Dance w/ Heidi
12:30 ■ PRIME / PBS: The American Revolution Season One / Episode 6
1:00 ■ Merion Bridge Club
2:00 ■ The Hand & Foot Card Game
3:00 ■ Evanston Symphony Orchestra Musical Insights w/ Albert Cano Smit, Piano
4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum
7:30 ■ Friday Night Movie: Nights in Rodanthe

6

9:00 ■ Interfaith Musings w/ J. Agne
10:00 ■ Symbria: Balance Booster
12:30 ■ NETFLIX / HOMELAND Season One / Episode 6
1:00 ■ The Hand & Foot Card Game
1:30 ■ Rummikub @ The Merion
1:00 ■ Fit & Functioning w/ Johnny
6:00 ■ Focused Reflection w/ Mui
7:30 ■ Saturday Night Movie: The Women of Brewster Place

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10:12 ■ Billiards @ The Merion
11:00 ■ Bingo & Prizes w/ Friends
11:00 ■ Jane Fonda Walkout Fitness DVD
12:30 ■ NETFLIX / HOMELAND Season One / Episode 6
1:30 ■ Rummikub @ The Merion
1:00 ■ Fit & Functioning w/ Johnny
6:00 ■ Focused Reflection w/ Mui
7:30 ■ Saturday Night Movie: The Women of Brewster Place

8 SUPER BOWL LX

9

10:30 ■ Redefining Strength w/ Nichola
12:00 ■ Symbria Wellness: Aqua Flow
1:00 ■ Current Events w/ Howard Voeks
1:00 ■ Merion Bridge Club
1:30 ■ Symbria Wellness: Stretch & Flex
2:30 ■ Merion Matinee: Lackawanna Blues
5:00 ■ Super Bowl LX Viewing The Patriots vs The Seahawks
5:00 ■ Shiva Rea: Meditation DVD
7:30 ■ Sunday Night Movie: Any Given Sunday

10

9:15 ■ Integrated Movement for Mind & Body w/ Barbara
10:30 ■ Merion Pool Time
11:30 ■ Symbria Wellness: Fitness Training
1:00 ■ Mahjong @ The Merion
1:00 ■ Merion Bridge Club
1:30 ■ Symbria Wellness: Stretch & Flex
2:30 ■ Symbria Wellness: Fitness Fusion
3:00 ■ Meet & Greet w/ Morris Fisher For State Senate: Patrick Hanley
4:00 ■ Happy Hour @ The Merion
7:30 ■ Northwestern University Bienen School of Music Robert Levinger, Piano

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9:30 ■ Gentle Yoga w/ Leigh
10:30 ■ Merion Pool Time
12:00 ■ NETFLIX / Grace and Frankie Season Three/ Episode 6
1:00 ■ CHC: Blood Pressure Screening
2:30 ■ Fit & Functioning w/ Johnny
3:00 ■ Love Letters w/ Maura & Johnny
4:00 ■ Happy Hour @ The Merion
7:30 ■ Tuesday Night Movie: MANDELA / Long Walk to Freedom

12

9:30 ■ Sit and be Fit Fitness DVD
11:00 ■ BeMoved Dance w/ Heidi
12:30 ■ PRIME VIDEO / Eleanor the Great
1:00 ■ Merion Bridge Club
1:30 ■ Meet & Greet Phil Andrew For 9th District Congress
2:00 ■ Tasty Thursdays @ The Merion
3:00 ■ Let's Talk w/ Greg S. "Selling Ideas, Part Two"
4:00 ■ Happy Hour @ The Merion
7:30 ■ Thursday Night Movie: 12 Years A Slave

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9:00 ■ Interfaith Musings w/ J. Agne
11:30 ■ Merion Short Story Discussion w/ C. Garner
12:30 ■ PRIME / The Book of Negroes Season One / Episode 1
1:00 ■ The Hand & Foot Card Game
2:30 ■ Museums of the World w/ Debra L. Presents: Sagrada Familia
4:00 ■ Shabbat Services w/ Carol G. & Suzy F.
4:00 ■ Happy Hour @ The Merion
7:30 ■ Friday Night Movie: The Lost Valentine

14 VALENTINE'S DAY

10:12 ■ Billiards @ The Merion

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