

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Arts & Culture Health & Fitness Life Long Learning Music Social Activities Spiritual Wellness	1 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 1:00 Merion Field Trip w/ Harry Hirsch The First Lady Architectural Boat Tour 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie: Judgment at Nuremberg	2 9:30 Gentle Yoga w/ Leigh 11:00 Musical Lectures w/ Doug Asbury Presents: Sir Georg Solti 12:00 NETFLIX / Grace & Frankie Season Four/ Episode 9 12:30 Piano Talk in the Afternoon w/ Sandro 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 3:00 Laughs Around the World: Anne Shimojima Happy Hour & Live Music w/ Ameerah T. Bon Voyage Sheldon! 4:00 7:30 Wednesday Night Movie: No Mercy	3 11:00 BeMoved Dance w/ Heidi 12:30 NETFLIX / Eleanor the Great 1:00 Mindful, Movement & Breathe w/ Barbara 1:00 Merion Bridge Club 2:00 Tasty Thursdays @ The Merion 3:00 Merion Readers' Theatre Rehearsal 4:00 Happy Hour @ The Merion 7:30 Thursday Night Movie: Dirty Harry	4 10:00 Symbria: Balance Booster w/ Herman 12:30 NETFLIX / Best Medicine Season One/ Episode 1 1:00 The Hand & Foot Card Game 2:00 Frick & Frack Friday w/ Tammy & Friends "Barbara, Sandro, & Victor" 4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: Waiting to Exhale	5 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Stronger Seniors Fitness DVD 12:30 PRIME VIDEO/ Ride or Die Season One/ Episode 1 1-3 Rummikub @ The Merion 2:00 Resident Movie Showcase: THELMA 7:30 Saturday Night Movie: Rush Hour
6 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Movie: Peter, Paul, Mary 1:30 Jane Fonda Fit & Strong Fitness DVD 2:30 Merion Matinee: GREASEI 5:00 Shiva Rea: Meditation DVD 7:00 The Music Institute of Chicago Ensemble 7:30 Sunday Night Movie: The Bodyguard	7 LABOR DAY 10:30 Redefining Strength w/ Nichola 1:00 Merion Bridge Club 1:30 Balance Boost Fitness DVD 1:30 Classic Work & Folk Songs w/ D. Asbury 2:30 Canvas Creations w/ Charlotta 4:00 Labor Day BBQ @ The Merion 7:30 Monday Night Movie: Last Vegas	8 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 12:30 NETFLIX / The best You Can 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 3:00 Blythe the byrthday to Kyng Richard w/ Eugene F. 4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie: The Bank Job	9 9:30 Gentle Yoga w/ Leigh 12:00 NETFLIX / Grace & Frankie Season Six / Episode 1 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 3:00 Open Forum @ The Merion 4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio 7:30 Wednesday Night Movie: OPPENHEIMER	10 9:00 Podiatrist Visit @ The Merion 9:30 Balance, Mobility, & Wellness w/ Mike 11:00 BeMoved Dance w/ Heidi 1:00 Merion Bridge Club 2:00 Tasty Thursdays @ The Merion 3:00 Merion Readers' Theatre Rehearsal 4:00 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: Magnum Force	11 ROSH HASHANAH 10:00 Balance Booster Fitness DVD 11:30 Short Story Discussion w/ Friends of the Merion 12:30 NETFLIX / Best Medicine Season One/ Episode 2 1:00 The Hand & Foot Card Game 3:00 Art Alive; Coco Chanel w/ D. Levie Presents: John Singer Sargent 5:00 High Holiday Services @ The Merion 6:00 Rosh Hashanah Dinner@ The Merion 7:30 Friday Night Movie: The Five Heartbeats	12 ROSH HASHANAH 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Stronger Seniors Fitness DVD 12:30 PRIME VIDEO/ Ride or Die Season One/ Episode 2 1-3 Rummikub @ The Merion 2:00 Card Creations w/ Pam 7:30 Saturday Night Movie: Rush Hour 2
13 ROSH HASHANAH 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: School for Scoundrels 1:30 Stronger Seniors Fitness DVD 2:30 Merion Matinee: The Proposal 5:00 Shiva Rea: Meditation DVD 7:30 Sunday Night Movie: Love the Coopers	14 10:30 Redefining Strength w/ Nichola 12:00 Merion Matinee: 9 to 5 12:30 NETFLIX / The Six Triple Eight 1:00 Current Events Discussion w/ H. Voeks 1:00 Merion Bridge Club 3:00 BeMoved Dance w/ Heidi 4:00 Happy Hour @ The Merion 6:00 Focused Reflection w/ Mui 7:30 Monday Night Movie: RED	15 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 12:00 Merion Field Trip: POOCHIES HOT DOGS 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour @ The Merion 7:30 Piano Conversations w/ Sandro Tsomaia 7:30 Tuesday Night Movie: One Hundred Foot Journey	16 MEXICAN INDEPENDENCE DAY 9:30 Gentle Yoga w/ Leigh 11:00 Musical Lectures w/ Doug Asbury Presents: Yo Yo Ma 12:00 NETFLIX / Grace and Frankie Season Four / Episode 6 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 4:00 Mexican Independence Day Happy Hour & Live Music w/ Gloria Fajardo 7:30 Wednesday Night Movie: We're The Millers	17 9:30 MERION MEN'S CLUB BREAKFAST 11:00 BeMoved Dance w/ Heidi 1:00 Merion Book Club Meet Up 1:00 Merion Bridge Club 2:00 Tasty Thursdays @ The Merion 3:00 Merion Readers' Theatre Rehearsal 4:00 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: The Enforcer	18 10:00 Symbria: Balance Booster 11:00 Merion Field Trip: The Garfield Conservatory 11:30 Short Story Discussion w/ Friends of the Merion 12:30 NETFLIX / Best Medicine Season One/ Episode 3 1:00 The Hand & Foot Card Game 2:00 Line Dancing w/ Nichola 4:00 Happy Hour & Live Music w/Maracujaz Band 7:30 Friday Night Movie: Soul Food	19 10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Friends 11:00 Jane Fonda AM/PM Yoga Fitness DVD 12:30 PRIME VIDEO/ Ride or Die Season One/ Episode 3 1-3 Rummikub @ The Merion 1:00 Fit & Functioning w/ Johnny 2:00 Music Appreciation Lecture w/ Kurt Presents : Glen Campbell 7:30 Saturday Night Movie: GHOST
20 YOM KIPPUR 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Movie: Ruthless People 1:30 Jane Fonda AM/PM Yoga Fitness DVD 2:30 Merion Matinee: Bridget Jones Diary 5:00 Kol Nidre Services @ The Merion 5:00 Shiva Rea: Meditation DVD 7:30 Sunday Night Movie: Crazy Stupid Love	21 YOM KIPPUR 10:30 Jane Fonda Fit & Strong Fitness DVD 12:00 Symbria Wellness: Aqua Flow 1:00 Poetry Corner w/ Friends of The Merion 1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex 2:30 Canvas Creations w/ Charlotta 4:30 Yom Kippur & Yizkor Services 7:30 Monday Night Movie: Julie & Julia	22 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 3:00 The Further Adventures of Napoleon w/Eugene 4:00 Happy Hour @ The Merion 7:30 Violin and Piano Concert: Aviva Chertok Li & Arkady Bodner 7:30 Tuesday Night Movie: Joseph and the Amazing Technicolor Dreamcoat	23 9:30 Gentle Yoga w/ Leigh 12:00 NETFLIX / Grace & Frankie Season Six / Episode 3 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 3:00 Open Forum @ The Merion 4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio 7:00 Scrabble Night @ The Merion 7:30 Wednesday Night Movie: The Thin Red Line	24 9:30 Balance, Mobility, & Wellness w/ Mike 11:00 BeMoved Dance w/ Heidi 12:00 MERION KITCHEN TOUR 12:30 NETFLIX /LAST WORD 1:00 Merion Bridge Club 3:00 Merion Readers' Theatre Rehearsal 2:00 Tasty Thursday @ The Merion 4:30 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: Sudden Impact	25 10:00 Symbria: Balance Booster 12:30 NETFLIX / Best Medicine Season One/ Episode 4 1:00 The Hand & Foot Card Game 2:30 Art Alive w/ D. Levie Presents: Suzanne Valadon 4:00 Happy Hour & Live Music w/ A. Tatum 7:30 Friday Night Movie: How Stella Got Her Groove Back	26 10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Friends 11:00 Balance Boost/ Better Stepping Fitness DVD 12:30 PRIME VIDEO/ Ride or Die Season Two / Episode 8 1-3 Rummikub @ The Merion 2-4 Keys for The Mind Piano Lessons 2:30 Music Appreciation Lecture w/ Kurt Presents: Elvis Presley 7:30 Saturday Night Movie: Inside Man
27 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: Some Like it Hot 1:30 Balance Boost/ Better Stepping Fitness DVD 2:30 Merion Matinee: Love Afternoon 5:00 Shiva Rea: Meditation DVD 7:00 The Music Institute of Chicago Ensemble 7:30 Sunday Night Movie: Almost Famous	28 10:30 Redefining Strength w/ Nichola 12:00 Symbria Wellness: Aqua Flow 1:00 Current Events Discussion w/ H. Voeks 1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex 2:30 Symbria Wellness w/ Herman Bone Builders: Understanding Osteoporosis 4:00 Happy Hour @ The Merion 6:00 Focused Reflection w/ Mui 7:30 Monday Night Movie: A Perfect Murder	29 9:15 Integrated Movement for Mind & Body w/ Barbara 11:00 Merion Field Trip: HALIM TIME & GLASS MUSEUM 11:30 Symbria Wellness: Fitness Training 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie: The Untouchables	30 9:30 Gentle Yoga w/ Leigh 12:00 NETFLIX / Grace & Frankie Season Five/ Episode 4 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 2:00 Aromatherapy & Essential Oils / Healthy Aging 4:00 September Resident Birthday Celebration 4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio 7:30 Wednesday Movie: TED			