

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 - Arts & Culture - Health & Fitness - Life Long Learning - Music - Social Activities - Spiritual Wellness				1 9:30 Easy Yoga for Easing Pain Fitness DVD 11:00 BeMoved Dance w/ Heidi 1:00 Mindful, Movement & Breathe w/ Barbara 12:30 NETFLIX / Why Did I Get Married Again? 1:00 Merion Bridge Club 2:00 Tasty Thursdays @ The Merion 4:00 Happy Hour @ The Merion 7:30 Piano Duo w/ Katrina S. & Vincent C. 7:30 Thursday Night Movie: Mr. Brooks	2 SUKKOT 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Wellness: Balance Booster w/ Herman 11:30 Short Story Discussion w/ Friends of the Merion 11:30 Symbria Wellness: Free Swim w/ Herman 12:30 NETFLIX / Best Medicine Season One/ Episode 5 1:00 The Hand & Foot Card Game 4:00 Shabbat Services w/ Friends of The Merion 4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: Practical Magic	3 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Stronger Seniors Fitness DVD 12:30 NETFLIX / The Residence Season Two/ Episode 1 1-3 Rummikub @ The Merion 1:00 Fit & Functioning w/ Johnny 7:30 Saturday Movie: The Witches of Eastwick
4 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: Studs Lonigan 1:30 Jane Fonda Fit & Strong Fitness DVD 2:30 Merion Matinee: Martian Child 5:00 Shiva Rea: Meditation DVD 7:30 Strings & Conversations w/ Jaime & Sandro 7:30 Sunday Night Movie: Rear Window	5 9:30-1:30 Flu Shot Clinic @ The Merion 10:30 Redefining Strength w/ Nichola 12:00 Symbria Wellness: Aqua Flow 1:00 Poetry Corner w/ Friends of The Merion 1:00 Merion Bridge Club 1:30 Symbria Stretch & Flex w/ Herman 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ The Merion 7:30 Monday Movie: New York Stories	6 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training w/ Herman 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 3:00 History in Perspective: The Columbus Scheme 4:00 Happy Hour & Live Music w/ Ameerah T. 7:30 Tuesday Movie: Ocean's Eleven	7 9:30 Gentle Yoga w/ Leigh 11:00 Musical Lectures w/ Doug Asbury Presents: Itzhak Perlman 12:00 NETFLIX / Grace and Frankie Season Six / Episode 5 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 2:00 Merion Field Trip: The Northlight Theatre THE FRONT PAGE 3:00 Open Forum @ The Merion 4:00 Happy Hour @ The Merion 7:30 Wednesday Night Movie: Sleepy Hollow	8 9:30 Balance, Mobility, & Wellness w/ Mike 11:00 BeMoved Dance w/ Heidi 12:30 NETFLIX / The Thursday Murder Club 1:00 Merion Bridge Club 3:00 Merion Reader's Theatre Presents R.E.S.I.S.T. 4:30 R.E.S.I.S.T Cocktail Reception 4:30 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: Scent of A Woman	9 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Balance Booster 11:30 Symbria Wellness: Free Swim w/ Herman 12:30 NETFLIX / Best Medicine Season One/ Episode 6 1:00 Line Dancing w/ Nichola 1:00 The Hand & Foot Card Game 2:30 Art Alive Programming w/ Debra John Sargent Part Two 4:00 Happy Hour @ The Merion 5:00 Southern Fried Chicken Dinner 7:30 Friday Night Movie: The Silence of the Lambs	10 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Stronger Seniors Fitness DVD 12:30 NETFLIX / The Residence Season Two/ Episode 2 1-3 Rummikub @ The Merion 2:00 Merion Field Trip: SISTERS The Writer's Theatre 7:30 Saturday Night Movie: MISERY
11 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: The Terror 1:30 Stronger Seniors Fitness DVD 2:30 Merion Matinee: The Man Who Knew Too Much 5:00 Shiva Rea: Meditation DVD 7:00 The Music Institute of Chicago Ensemble 7:30 Sunday Night Movie: VERTIGO	12 COLUMBUS DAY INDIGENOUS PEOPLES DAY 10:30 Jane Fonda AM/PM Yoga Fitness DVD 12:00 Symbria Wellness: Aqua Flow 1:00 Merion Bridge Club 1:30 Symbria Stretch & Flex w/ Herman 3:00 Folk & Jive w/ Leah S. 4:00 Happy Hour @ The Merion 6:00 Focused Reflection w/ Mui 7:30 Monday Night Movie: The Purple Rose of Cairo	13 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training w/ Herman 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour @ The Merion 7:00 The Evanston Chamber Music Society Victor Asuncion & Adrian N. Ong 7:30 Tuesday Night Movie: Ocean's Twelve	14 9:30 Gentle Yoga w/ Leigh 12:00 NETFLIX / Grace and Frankie Season Six/ Episode 6 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 3:00 Popcorn, Pretzels, & Punch 4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio 7:30 Wednesday Night Movie: Pirates of the Caribbean	15 9:30 Easy Yoga for Easing Pain Fitness DVD 11:00 BeMoved Dance w/ Heidi 1:00 Merion Book Club Meetup 1:00 Merion Bridge Club 2:00 Tasty Thursdays @ The Merion 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ The Merion 7:30 Thursday Night Movie: SEVEN	16 9:00 Interfaith Musings w/ J. Agne & Friends 11:30 Short Story Discussion w/ Friends of the Merion 11:30 Symbria Wellness: Free Swim w/ Herman 12:30 NETFLIX / Best Medicine Season One/ Episode 7 1:00 The Hand & Foot Card Game 1:30 Evanston Symphony Orchestra/ Musical Insights, Violinist Irina Muresanu 4:00 Shabbat Services w/ Leah S. 4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: Lemony Snicket's	17 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Jane Fonda AM/PM Yoga Fitness DVD 12:30 NETFLIX/ The Residence Season Two/ Episode 3 1-3 Rummikub @ The Merion 1:30 WHAT'S BREWING WITH TAMMY? 7:30 Saturday Night Movie: The Rocky Horror Picture Show
18 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Movie: The Wild Ride 1:30 Jane Fonda AM/PM Yoga Fitness DVD 2:30 Merion Matinee: The Lady Vanishes 5:00 Shiva Rea: Meditation DVD 7:30 Viva Viols w/ Linda C. & Venus F. Linda Chessick & Venus Fu 7:30 Sunday Night Movie: PSYCHO	19 10:30 Balance Boost/ Better Stepping Fitness DVD 12:00 Symbria Wellness: Aqua Flow 1:00 Poetry Corner w/ Friends of The Merion 1:00 Merion Bridge Club 1:30 Symbria Stretch & Flex w/ Herman 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ The Merion 7:30 Monday Night Movie: Annie Hall	20 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 12:30 PRIME / GREEN & GOLD 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 3:00 History in Perspective w/ Eugene F. Presents: JEOPARDY 4:00 Happy Hour @ The Merion 7:30 Tuesday Movie: Night @ The Museum	21 9:30 Gentle Yoga w/ Leigh 11:00 Musical Lectures w/ Doug Asbury Presents: Leonard Bernstein (Composer) 12:00 NETFLIX / Grace & Frankie Season Six / Episode 7 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 2:00 CHC Presents: Maintain Independence 3:00 Open Forum @ The Merion 4:00 Happy Hour @ The Merion 7:30 Wednesday Movie: Night @ The Museum Battle of the Smithsonian	22 9:30 Merion Men's Club Breakfast 11:00 BeMoved Dance w/ Heidi 1:00 Merion Bridge Club 2:00 Tasty Thursday @ The Merion 3:00 RESIDENT MOVIE SHOWCASE: MICHAEL 4:30 Happy Hour @ The Merion 7:30 Thursday Night Movie: Michael Jackson's: THIS IS IT!	23 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Balance Booster 11:30 Symbria Wellness: Free Swim w/ Herman 12:30 NETFLIX / Best Medicine Season One/ Episode 8 1:00 The Hand & Foot Card Game 2:30 Museums of the World w/ Debra L. 4:00 Happy Hour & Live Music w/Maracujaz Band 7:30 Friday Night Movie: Interview With A Vampire	24 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Balance Boost/ Better Stepping Fitness DVD 12:30 NETFLIX / The Residence Season Two/ Episode 4 1-3 Rummikub @ The Merion 2:00 Merion Field Trip: The Black Ensemble Theatre Presents: You Can't Fake The Funk 2-3 City of Evanston Trick or Treat Crawl 2:30 Music Appreciation Lecture w/ Kurt 7:30 Saturday Night Movie: The Talented Mr. Ripley
25 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Movie: Little Shop of Horrors 1:30 Balance Boost/ Better Stepping Fitness DVD 2:30 Merion Matinee: Secret Agent 5:00 Shiva Rea: Meditation DVD 7:00 The Music Institute of Chicago Ensemble 7:30 Sunday Night Movie: The Birds	26 10:30 Redefining Strength w/ Nichola 11:30 NETFLIX /A Beautiful Day in the Neighborhood 12:00 Symbria Wellness: Aqua Flow 1:00 Merion Bridge Club 1:30 Symbria Stretch & Flex w/ Herman 2:30 Symbria Wellness w/ Herman "How To Build Better Immunity" 4:00 Happy Hour @ The Merion 6:00 Focused Reflection w/ Mui 7:30 Monday Night Movie: Broadway Danny Rose	27 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Merion Field Trip: Libanais Restaurant 11:30 Symbria Wellness: Fitness Training w/ Herman 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie: COCOON	28 9:30 Gentle Yoga w/ Leigh 11:00 Meet & Greet with Mayoral Candidate Stephanie Mendoza 12:00 NETFLIX / Grace & Frankie Season Six/ Episode 8 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 3-3:30 Resident Spooktacular Costume Contest 3:45 Resident Spooktacular Parade 4:00 October Birthday & Live Music w/ Tiberi Trio 4:30 Staff & Resident Contest Results 7:30 Wednesday Movie: The Sixth Sense	29 9:30 Balance, Mobility, & Wellness w/ Mike 11:00 BeMoved Dance w/ Heidi 11:00 Merion Field Trip: The Art Institute of Chicago Mary Cassatt: After Impressionism 1:00 Merion Bridge Club 2:00 Tasty Thursday @ The Merion 4:30 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: Gone Baby Gone	30 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Balance Booster 11:30 Symbria Wellness: Free Swim w/ Herman 12:30 NETFLIX / Best Medicine Season One/ Episode 9 1:00 The Hand & Foot Card Game 1:00 Line Dancing w/ Nichola 4:00 Happy Hour @ The Merion 5:00 Prime Rib Night 7:30 Friday Night Movie: The Shining	31 HALLOWEEN 10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Friends 11:00 Balance Boost/ Better Stepping Fitness DVD 12:30 NETFLIX / The Residence Season Two/ Episode 5 1:00 Card Creations w/ Pam 1-3 Rummikub @ The Merion 7:00 It's The Great Pumpkin, Charlie Brown 7:30 Saturday Night Movie: HALLOWEEN