SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 DAYLIGHT SAVING 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: Tammy and the Bachelor 1:30 Jane Fonda Fit & Strong Fitness DVD 2:30 Merion Matinee: Nights in Rodanthe 5:00 Shiva Rea: Meditation DVD 7:30 Sunday Movie: Looking For Mr. Goodbar	**2** 10:30 Redefining Strength w/ Nichola 12:00 Symbria Wellness: Aqua Flow 1:00 Poetry Corner w/ Friends of The Merion 1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ The Merion 7:30 Monday Night Movie: The Last Orders	**3 ELECTION DAY** 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour @ The Merion 7:30 Tuesday Night Movie: WAG THE DOG	**4** 9:30 Gentle Yoga w/ Leigh 11:00 Musical Lectures w/ Doug Asbury Presents: Beverly Sills 12:00 NETFLIX / Grace and Frankie Season Six / Episode 9 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion **2:00 CHC Presents: Brain Health as you Age** **3:00 Open Forum @ The Merion** 4:00 Happy Hour @ The Merion 7:30 Wednesday Movie: DAVE	**5** 9:30 Balance Boost/ Better Stepping Fitness DVD 11:00 BeMoved Dance w/ Heidi 12:30 NETFLIX/ LORNE 1:00 Mindful, Movement & Breathe w/ Barbara 1:00 Merion Bridge Club **2:00 Tasty Thursdays @ The Merion** 4:00 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: Planes, Trains, & Automobiles	**6** 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Balance Booster 11:30 Short Story Discussion w/ Friends of the Merion **12:00 Merion Field Trip: The Chicago Botanic Garden** 12:30 NETFLIX / Best Medicine Season One/ Episode 10 1:00 The Hand & Foot Card Game 4:00 Happy Hour @ The Merion 4:00 Shabbat Services w/ Rabbi Barry Axler 5:00 Shabbat Dinner @ The Merion 7:30 Friday Night Movie: SPARKLE	**7** 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Stronger Seniors Fitness DVD 12:30 NETFLIX/ The Residence Season One / Episode 6 1-3 Rummikub @ The Merion 1:00 Fit & Functioning w/ Johnny 7:30 Saturday Night Movie: DREAMGIRLS
8 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Movie: Tammy Tell Me True 1:30 Jane Fonda Fit & Strong Fitness DVD 2:30 Merion Matinee: The Lucky One 5:00 Shiva Rea: Meditation DVD **7:00 The Music Institute of Chicago Ensemble** 7:30 Sunday Night Movie: TOOSTIE	**9** 10:30 Redefining Strength w/ Nichola 12:00 Symbria Wellness: Aqua Flow 1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex 3:00 BeMoved Dance w/ Heidi 4:00 Happy Hour @ The Merion 6:00 Focused Reflection w/ Mui 7:30 Monday Night Movie: Lez Bomb	**10** 9:15 Integrated Movement for Mind & Body w/ Barbara 11:00 **Merion Field Trip: ANNE FRANK The Museum of Science & Industry** 11:30 Symbria Wellness: Fitness Training 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 3:00 History in Perspective: What Armistice? w/ Eugene 4:00 Happy Hour @ The Merion 7:30 Tuesday Movie: The Dream Team	**11 VETERANS DAY** 9:30 Gentle Yoga w/ Leigh 12:00 NETFLIX / Grace & Frankie Season Six / Episode 10 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion **2:00 A Salute to Service: Stories & Songs of Patriotism w/ Doug Asbury** 4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio 7:30 Wednesday Night Movie: Forrest Gump	**12** 9:30 Balance, Mobility, & Wellness w/ Mike 11:00 BeMoved Dance w/ Heidi 12:30 NETFLIX / Who's Martin Mull? 1:00 Merion Bridge Club **2:00 Tasty Thursdays @ The Merion** 4:00 Happy Hour @ The Merion **7:00 Ragtime w/ Reginald Robinson** 7:30 Thursday Night Movie: The Menu	**13** 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Balance Booster 12:30 NETFLIX / Best Medicine Season One/ Episode 11 1:00 The Hand & Foot Card Game 2:30 Art Alive: Mary Cassatt w/ Debra L. 4:00 Happy Hour & Live Music w/ Ameerah T. **5:00 Asian Night @ The Merion** 7:30 Friday Night Movie: Good Will Hunting	**14** 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 11:00 Stronger Seniors Fitness DVD 12:30 NETFLIX/ The Residence Season One / Episode 7 1:00 Fit & Functioning w/ Johnny 1-3 Rummikub @ The Merion **2:00 Merion Field Trip: Writer's Theatre / The Royale** 7:30 Saturday Night Movie: Crazy Rich Asians
15 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: Tammy and the Doctor 1:30 Stronger Seniors Fitness DVD 2:30 Merion Matinee: The Notebook 5:00 Shiva Rea: Meditation DVD **7:30 Pianist Ben Kim** 7:30 Sunday Night Movie: Back to the Future	**16** 10:30 Redefining Strength w/ Nichola 12:00 Symbria Wellness: Aqua Flow 1:00 Merion Bridge Club 1:00 Poetry Corner w/ Friends of The Merion 1:30 Symbria Wellness: Stretch & Flex 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ The Merion 7:30 Monday Night Movie: Under the Yum-Yum Tree	**17** 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 12:30 PRIME VIDEO / The Love Hypothesis 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 4:00 Happy Hour & Live Music w/ Tim Fitzgerald Duo 7:30 Tuesday Night Movie: The Blindside	**18** 9:30 Gentle Yoga w/ Leigh 11:00 Musical Lectures w/ Doug A. Presents: Virgil Fox 12:00 NETFLIX / Grace and Frankie Season Six / Episode 11 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion **3:00 Open Forum @ The Merion** 4:00 Happy Hour @ The Merion 7:30 Wednesday Night Movie: Young at Heart	**19** 9:30 Merion Men's Club Breakfast 11:00 BeMoved Dance w/ Heidi 1:00 Merion Book Club Meet Up 1:00 Merion Bridge Club **2:00 Tasty Thursdays @ The Merion** **3:00 Historical Impressionist Peter Smalls Presents: Thomas Edison** 4:00 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Night Movie: Dinner for Schmucks	**20** 9:00 Interfaith Musings w/ J. Agne & Friends 11:30 Short Story Discussion w/ Friends of the Merion 12:30 NETFLIX / Best Medicine Season One/ Episode 12 1:00 The Hand & Foot Card Game 4:00 Shabbat Services w/ Friends of the Merion 4:00 Happy Hour & Live Music w/Maracujaz Band 7:30 Friday Night Movie: Singing in the Rain	**21** 10-12 Billiards @ The Merion 11:00 Bingo w/ The Friends of the Merion 12:30 NETFLIX/ The Residence Season One / Episode 8 11:00 Balance, Mobility, & Wellness w/ Mike 1-3 Rummikub @ The Merion 2:30 Music Appreciation Lecture w/ Kurt Latin & Caribbean Rhythms in Music 7:30 Saturday Night Movie: West Side Story
22 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: Harold & Maude 1:30 Jane Fonda AM/PM Yoga Fitness DVD 2:30 Merion Matinee: A Walk to Remember 5:00 Shiva Rea: Meditation DVD **7:00 The Music Institute of Chicago Ensemble** 7:30 Sunday Movie: The Coal Miners Daughter	**23** 10:30 Jane Fonda Fit & Strong Fitness DVD 12:00 Symbria Wellness: Aqua Flow 1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex 3:00 Folk & Jive w/ Leah S. 4:00 Happy Hour @ The Merion 6:00 Focused Reflection w/ Mui 7:30 Monday Night Movie: HITCH	**24** 9:15 Integrated Movement for Mind & Body w/ Barbara 11:30 Symbria Wellness: Fitness Training 12:30 PRIME VIDEO / We The Wine People 1:00 Mahjong @ The Merion 1:00 Symbria Wellness: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria Wellness: Fitness Fusion 3:00 History in Perspective: The Mexican Revolution w/ Eugene 4:00 Happy Hour & Live Music w/ Ameerah 7:30 Tuesday Night Movie: Meet the Parents	**25** 9:30 Easy Yoga for Easing Pain Fitness DVD 12:00 NETFLIX / Grace & Frankie Season Six / Episode 12 1:00 CHC: Blood Pressure Screening 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 4:00 Happy Hour & Live Music w/ Jerry Tiberi Trio **4:00 Resident November Birthday Celebration** 7:30 Wednesday Night Movie: The Family Stone	**26 THANKSGIVING** 8:30 The Macy's Thanksgiving Day Parade Viewing 12:00 NFL / Chicago Bears vs Detroit Lions 1:00 Merion Bridge Club 1:30 Merion Matinee: Turkey Bowl 3:30 NFL / Philadelphia Eagles vs Dallas Cowboys **4:30 Thanksgiving Dinner @ The Merion** 7:20 NFL /Kansas City Chiefs vs Buffalo Bills 7:30 Thursday Night Movie: Home for the Holidays	**27** 9:00 Interfaith Musings w/ J. Agne & Friends 10:00 Symbria: Balance Booster 12:30 A Charlie Brown Thanksgiving 1:00 The Hand & Foot Card Game 2:30 Museums of the World: The Art Institute of Chicago 4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: Hannah and her Sisters	**28** 10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Friends of the Merion 11:00 Balance Boost/ Better Stepping Fitness DVD 12:30 PRIME VIDEO / Hello, My Name is Doris 1-3 Rummikub @ The Merion 2:30 Music Appreciation Lecture w/ Kurt Presents: CHER 7:30 Saturday Night Movie: The Humans
29 9:30 Catholic Mass Viewing: Holy Name Cathedral 11:00 Early Morning Movie: Mrs. Palfrey/ The Claremont 1:30 Balance Boost/ Better Stepping Fitness DVD 2:30 Merion Matinee: Message in Bottle 5:00 Shiva Rea: Meditation DVD **7:30 Regina Leslie, Soprano** 7:30 Sunday Night Movie: Pride & Prejudice	**30** 10:30 Redefining Strength w/ Nichola 12:00 Symbria Wellness: Aqua Flow 1:00 Poetry Corner w/ Friends of The Merion 1:00 Merion Bridge Club 1:30 Symbria Wellness: Stretch & Flex **2:30 Symbria: Building a Healthier Heart** 4:00 Happy Hour @ The Merion 7:30 Monday Night Movie: The Pelican Brief	Arts & Culture Health & Fitness Life Long Learning Music Social Activities Spiritual Wellness				