



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1 HEART HEALTH DAY</b>	<b>2 GROUNDHOG DAY</b>	<b>3</b>
				9:30 Tai Chi Fitness w/ Mike McGinn 12:30 Afternoon Movie Judas & The Black Messiah 1:00 Merion Bridge Club 2:00 Mindful Movement & Breathe w/ Barbara 4:00 Happy Hour & Live Music w/ Tim Fitzgerald Duo 7:30 Thursday Movie: Eat Pray Love	10:00 Aqua Aerobics w/ Nichola 10:00 Symbria: Balance Booster 11:30 Merion Short Story Discussion w/ Glen "Child's Play" 12:30 NETFLIX/ The Crown Season Six / Episode 5 1:30 Pilates Fitness w/ Suzy 2:30 All Hearts Day : A Swedish Valentine's w/ Charlotta 4:00 Happy Hour & Live Music w/ The Maracujaz Band 7:30 Friday Night Movie: BELOVED	10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Mary 12:00 Merion Matinee: Beasts of the Southern Wild 1:00 Balance Booster Fitness DVD 1-3 Rummikub @ The Merion 2:30 Art Alive Programming w/ D. Levie "LOVE & ART" 7:30 Northwestern University's Crescendo 4A Cause Classical Concert 7:30 Saturday Night Movie: Their EYES Were WATCHING GOD
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8 FAT THURSDAY</b>	<b>9</b>	<b>10</b>
9:00 Meditation & QiGong Workout DVD 11:00 Body Balance Strength & Fitness w/ David 1:30 Balance Booster Fitness DVD 2:00 Jewelry Making & Beading w/ Abigail 2:30 Merion Matinee: Summer of Soul 5:00 Shiva Rea: Meditation DVD 7:00 The 66th Annual Grammy Awards Viewing 7:30 Sunday Night Movie: The Graduate	9:00 Symbria: Aqua Flow 10:30 Redefining Strength w/ Nichola 1:00 Merion Bridge Club 1:00 Current Event Discussion w/ H. Voeks 1:30 Symbria: Stretch & Flex 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ The Merion 7:30 Piano Duo w/Katrina Sudman & Vincent Catalano 7:30 Monday Night Movie: Ruby Bridges	9:15 Integrated Movement for Mind & Body w/ Barbara 1:00 Mahjong @ The Merion 1:00 Symbria: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria: Fitness Fusion 3:00 Happy St. Valentine Day w/ Greg S. 4:00 Happy Hour & Live Music w/ Kurt & Deane 5:00 Merion Senior Wildcat Dance Team Rehearsal 6:00 Mantra Meditation w/ Mui	9:30 Gentle Yoga w/ Leigh 11:00 Merion Roundtable Discussion w/ Doug Asbury 12:00 PRIME/ YELLOWSTONE Season Three / Episode 1 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 2:00 Mindfulness & Self Compassion w/ Meg 4:00 Happy Hour @ The Merion 7:30 Wednesday Night Movie: GHOST	9:30 Tai Chi Fitness w/ Mike McGinn 11:00 BeMoved Dance w/ Heidi 12:30 PRIME/ SLYVIE'S LOVE 1:00 Merion Bridge Club 3:00 Storytelling w/ M. Burk Presents: Heart to Heart 4:00 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Movie: The Big Sick	10:00 Aqua Aerobics w/ Nichola 10:00 Symbria: Balance Booster 12:30 NETFLIX/ The Crown Season Six / Episode 6 1:30 ESO / Musical Insights Russian and Armenian Dances 3:30 Musical Lectures w/ S. Kleiman "400 Years of Great Piano Music Part One" 4:00 Happy Hour @ The Merion 7:30 Friday Night Movie: 12 YEARS A SLAVE	10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Mary 12:00 PRIME/ Wayne Shorter: Zero Gravity Season One: Newark Flash in NYC 1933-1971 1:00 Balance Booster Fitness DVD 1-3 Rummikub @ The Merion 2:30 Art Alive Programming w/ D. Levie "Impressionism & Love" 7:30 Saturday Night Movie: HARRIET
<b>11 SUPER BOWL SUNDAY</b>	<b>12</b>	<b>13 MARDI GRAS</b>	<b>14 ASH WEDNESDAY / VALENTINE'S DAY</b>	<b>15</b>	<b>16</b>	<b>17</b>
9:00 Meditation & QiGong Workout DVD 11:00 Body Balance Strength & Fitness w/ David 1:30 Balance Booster Fitness DVD 2:30 Merion Matinee: HIDDEN FIGURES 4:30 SUPER BOWL LVIII VIEWING 5:00 Shiva Rea: Meditation DVD 7:30 Sunday Night Movie: CASABLANCA	9:00 Symbria: Aqua Flow 10:30 Redefining Strength w/ Nichola 1:00 Poetry Corner @ The Merion with Greg S. & Irene E. 1:00 Merion Bridge Club 1:30 Symbria: Stretch & Flex 2:30 Symbria Presents Building a Healthier Heart 4:00 Happy Hour & Live Music w/ Tim Fitzgerald Duo 7:30 Monday Night Movie: SELMA	9:15 Integrated Movement for Mind & Body w/ Barbara 12:30 NETFLIX / GOOD GRIEF 1:00 Mahjong @ The Merion 1:00 Symbria: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria: Fitness Fusion 3:00 History in Perspective w/ Eugene "The Founding Fathers ... & Husbands" 4:00 Happy Hour @ The Merion 5:00 Mardi Gras @ The Merion 7:30 Tuesday Night Movie: Brown Sugar	9:30 Gentle Yoga w/ Leigh 11:00 Merion Roundtable Discussion w/ Doug Asbury 12:00 PRIME/ YELLOWSTONE Season Three / Episode 2 1:00 Fit & Functioning w/ Johnny 1:00 Canasta Club @ The Merion 3:00 Open Forum @ The Merion 4:00 Happy Hour & Live Music with Jerry Tiberi Trio 5:00 Valentine's Day Dinner @ The Merion 7:30 Valentine's Day Concert w/ Violinist Regina Leslie 7:30 Wednesday Night Movie: Hope Floats	9:30 Tai Chi Fitness w/ Mike McGinn 11:00 BeMoved Dance w/ Heidi 1:00 Merion Book Club Meetup 1:00 Merion Bridge Club 2:00 Mindful Movement & Breathe w/ Barbara 4:00 Happy Hour @ The Merion 7:30 Thursday Movie: First Wives Club	10:00 Balance Booster Fitness DVD 10:00 Symbria: Balance Booster 11:30 Merion Short Story Discussion w/ Glen "Those Americans Falling from the Sky" 12:30 NETFLIX/ The Crown Season Six / Episode 7 1:30 Pilates Fitness w/ Suzy 4:00 Happy Hour & Live Music w/ Ameerah Tatum 7:30 Friday Night Movie: FENCES	10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Mary 12:00 PRIME/ Wayne Shorter: Zero Gravity Season One: Faith Is To Be Fearless 1972-1999 1-3 Rummikub @ The Merion 2:30 Music Appreciation Lecture w/ Kurt "African-American Music in the U.S." 7:30 Saturday Night Movie: BLACKKKLANSMAN
<b>18</b>	<b>19 PRESIDENT'S DAY</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
9:00 Meditation & QiGong Workout DVD 11:00 Body Balance Strength & Fitness w/ David 1:30 Balance Booster Fitness DVD 2:30 Music Discovery w/ Dr. Dan Healy Presents: Jelly Roll Morton 5:00 Shiva Rea: Meditation DVD 7:00 Music Institute of Chicago Ensemble w/ Dr. Soo Lee 7:30 Sunday Night Movie: Sabrina	9:00 Symbria: Aqua Flow 10:30 Redefining Strength w/ Nichola 1:00 Current Events Discussion w/ H. Voeks 1:00 Merion Bridge Club 1:30 Symbria: Stretch & Flex 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour @ Merion 7:30 Monday Night Movie: TILL	12:30 NETFLIX / FORGOTTEN LOVE 1:00 Mahjong @ The Merion 1:00 Symbria: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria: Fitness Fusion 3:00 Perpetual Betrayal w/ Greg S. 4:00 Happy Hour @ The Merion 6:00 Mindful Meditation w/Mui	9:30 Gentle Yoga w/ Leigh 11:00 Merion Roundtable Discussion w/ Doug Asbury 12:00 PRIME/ YELLOWSTONE Season Three / Episode 3 1:00 Canasta Club @ The Merion 1:00 Fit & Functioning w/ Johnny 2:00 Mindfulness & Compassion w/ Meg 4:00 Happy Hour & Live Music The Jerry Tiberi Trio 7:30 Wednesday Movie: Four Weddings & A Funeral	9:00 Merion Men's Club Meet Up 9:30 Balance, Booster Fitness DVD 12:30 PRIME/ Lee & Liza's Family Tree 1:00 Merion Bridge Club 2:00 Tai Chi Fitness w/ Mike McGinn 4:00 Happy Hour @ The Merion 7:30 Thursday Movie: Love Simon	10:00 Aqua Aerobics w/ Nichola 10:00 Symbria: Balance Booster 12:30 NETFLIX/ The Crown Season Six / Episode 8 1:30 Pilates Fitness w/ Suzy 3:00 Musical Lectures w/ S. Kleiman "400 Years of Great Piano Music Part Two" 4:00 Happy Hour @ The Merion 5:00 Merion Senior Wildcat Dance Team Rehearsal 7:30 Friday Night Movie: IF BEALE STREET COULD TALK	10-12 Billiards @ The Merion 11:00 Bingo & Prizes w/ Mary 12:00 PRIME/ Wayne Shorter: Zero Gravity Season One: Zero Gravity 2000 1-3 Rummikub @ The Merion 2:30 Music Appreciation Lecture w/ Kurt "The Romanic Period" 7:30 Saturday Night Movie: The Help
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<p><i>celebrating</i></p> <p><b>BLACK HISTORY MONTH</b></p> <ul style="list-style-type: none"> <li>■ Arts &amp; Culture</li> <li>■ Health &amp; Fitness</li> <li>■ Life Long Learning</li> <li>■ Music</li> <li>■ Social Activities</li> <li>■ Spiritual Wellness</li> </ul>	
9:00 Meditation & QiGong Workout DVD 1:30 Balance Booster Fitness DVD 2:30 Merion Matinee: The Immortal Life Of Henrietta Lacks 5:00 Shiva Rea: Meditation DVD 7:30 Sunday Night Movie: Bridget Jones Diary	9:00 Symbria: Aqua Flow 10:30 Redefining Strength w/ Nichola 1:00 Poetry Corner @ The Merion with Greg S. & Irene E. 1:00 Merion Bridge Club 1:30 Symbria: Stretch & Flex 2:30 Canvas Creations w/ Charlotta 4:00 Happy Hour & Live Music w/ Abigail Riccards 5:00 Merion Senior Wildcat Dance Team Rehearsal 7:30 Piano & Strings Chamber Trio w/ J. Gorgojo, S. Tsomaia, & P. Agudo 7:30 Monday Night Movie: A Ballerina's Tale	9:15 Integrated Movement for Mind & Body w/ Barbara 12:30 PRIME/ INVISIBLE HISTORY Middle Florida's Hidden Roots 1:00 Mahjong @ The Merion 1:00 Symbria: Aqua ABC'S (Abs, Back & Core) 2:30 Symbria: Fitness Fusion 3:00 History in Perspective w/ Eugene "Slavery...It's History, Etiquette, & Hypocrisy" 4:00 Happy Hour @ The Merion 6:00 Mantra Meditation w/ Mui	9:30 Gentle Yoga w/ Leigh 11:00 Merion Roundtable Discussion w/ Doug Asbury 12:00 PRIME/ YELLOWSTONE Season Three / Episode 4 1:00 Canasta Club @ The Merion 1:00 Fit & Functioning w/ Johnny 3:00 Open Forum @ The Merion 4:00 February Resident Birthday Celebration 4:00 Happy Hour & Live Music The Jerry Tiberi Trio 7:30 Wednesday Night Movie: Pretty Woman	9:30 Tai Chi Fitness w/ Mike McGinn 11:00 BeMoved Dance w/ Heidi 12:30 DISNEY+ / GENIUS: MLK / X 1:00 Merion Bridge Club 3:00 Merion Senior Wildcat Dance Team Appreciation Day! 4:00 Happy Hour & Live Music w/ S. Aaron 7:30 Thursday Movie: Moonstruck		