

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:00 ■ Meditation & QiGong Workout DVD 11:30 ■ Body Balance Strength & Fitness w/David 2:30 ■ Merion Matinee: Seven Brides for Seven Brothers 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ The Chen Family String Quartet 7:30 ■ Sunday Night Movie: The Mask of Zorro	31 10:30 ■ Redefining Strength w/ Nichola 1:00 ■ Merion Bridge Club 1:00 ■ Current Events Discussion w/ H. Voeks 1:30 ■ Symbria: Stretch & Flex w/ Dina 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour @ The Merion 7:30 ■ Monday Night Movie: Pearl Harbor				■ Arts & Culture ■ Health & Fitness ■ Life Long Learning ■ Music ■ Social Activities ■ Spiritual Wellness	1 10:00 ■ Jane Fonda AM/PM Yoga Fitness DVD 11:00 ■ Bingo & Prizes w/ Mary 12:00 ■ PRIME/ The Underground Railroad Season One / Episode 1 1:00 ■ Jane Fonda Walkout Fitness DVD 1-3:00 ■ Billiards & Rummikub @ The Merion 2:30 ■ Art Alive Programming w/ D. Levie "Ashcan School of Art" 7:30 ■ Saturday Night Movie: Big Fish
2 9:00 ■ Meditation & QiGong Workout DVD 11:00 ■ Jane Fonda AM/PM Yoga Fitness DVD 1:00 ■ Card Creations w/ Pam 2:00 ■ Merion Matinee: Under the Yum-Yum Tree 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ Sunday Night Movie: Twilight	3 10:30 ■ Jane Fonda Fit & Strong DVD 1:00 ■ Merion Bridge Club 1:00 ■ Current Events Discussion w/ H. Voeks 1:30 ■ Symbria: Stretch & Flex w/ Dina 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour & Live Music w/ Abigail R. Healy 7:30 ■ Strings & Conversations w/ Jaime & Sandro 7:30 ■ Monday Night Movie: The Frogmen	4 ★ INDEPENDENCE DAY ★ 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 1:00 ■ Mahjong @ The Merion 2:00 ■ Merion Matinee: Independence Day 4:00 ■ Happy Hour @ The Merion 4-6:00 ■ 4th of July BBQ @ The Merion 6:45 ■ Resident Movie Showcase 7:30 ■ Tuesday Night Movie: Born on the 4th of July	5 9:30 ■ Gentle Yoga w/ Leigh Bailey 11:00 ■ Merion Roundtable Discussion w/Doug Asbury 12:00 ■ NETFLIX/ The Green Glove Gang Season One/ Episodes 1 & 2 1:00 ■ Fit & Functioning w/ Johnny 1:00 ■ Canasta Club @ The Merion 2:00 ■ Self-Evident Truths and Alternative Facts w/ Greg 2:00 ■ Jewelry Making & Beading w/ Abigail 3:00 ■ Open Forum 4:00 ■ Happy Hour & Live Music w/ Tiberi Trio 7:30 ■ Wednesday Movie: Harriet	6 9:30 ■ Tai Chi Fitness w/ Mike McGinn 11:00 ■ BeMoved Dance w/ Heidi 12:30 ■ NETFLIX/ The Last Laugh 1:00 ■ Merion Bridge Club 2:00 ■ Mindful, Movement & Breathe w/ Barbara 3:00 ■ Osher Lifelong Learning Presentation w/ John Janco 4:00 ■ Happy Hour & Live Music w/ Tim Fitzgerald 7:30 ■ Thursday Movie: House Calls	7 10:00 ■ Jane Fonda Walkout Fitness DVD 10:00 ■ Symbria: Balance Booster w/ Dina 11:30 ■ NETFLIX/ Live Twice, Love Once 1:30 ■ Pilates Fitness w/ Suzy 3:00 ■ Convection Oven Demonstration w/ Chef Uwe 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum 7:30 ■ Letter's From John & Abigail Adams w/ Johnny Garcia & Maura Junius 7:30 ■ Friday Night Movie: Ocean's Eleven	8 11:00 ■ French Connections w/ Koffi 11:00 ■ Bingo & Prizes w/ Mary 12:00 ■ PRIME/ The Underground Railroad Season One / Episode 2 1:00 ■ Personalized Fitness w/ Mike McGinn 1-3:00 ■ Billiards & Rummikub @ The Merion 2:30 ■ Art Alive Programming w/ D. Levie "Velazquez" 7:30 ■ Saturday Night Movie: Oceans Twelve
9 9:00 ■ Meditation & QiGong Workout DVD 11:30 ■ Body Balance Strength & Fitness w/David 1:30 ■ Jane Fonda Walkout Fitness DVD 2:30 ■ Merion Matinee: We're No Angels 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ Music Institute of Chicago Ensemble 7:30 ■ Sunday Night Movie: Chinatown	10 10:30 ■ Easy Yoga Fitness DVD 1:00 ■ Poetry Corner @ The Merion w/Greg S. & Irene E. 1:00 ■ Merion Bridge Club 1:30 ■ Symbria: Stretch & Flex w/ Dina 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum 7:30 ■ Monday Night Movie: Lincoln	11 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 10:00 ■ Merion Field Trip: Chicago Botanic Garden Summer Concert: Carillon 1:00 ■ Blood Pressure Screening w/ Concierge 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria: Fitness Fusion w/ Dina 3:00 ■ History in Perspective w/ Eugene "La Marseillaise" 4:00 ■ Happy Hour @ The Merion 6:00 ■ Mantra Meditation w/ Mui 7:30 ■ The Ridgeville Band of Evanston	12 9:30 ■ Gentle Yoga w/ Leigh Bailey 11:00 ■ Merion Roundtable Discussion w/Doug Asbury 12:00 ■ NETFLIX/ The Green Glove Gang Season One/Episodes 3 & 4 1:00 ■ Fit & Functioning w/ Johnny 1:00 ■ Canasta Club @ The Merion 2:00 ■ Mindfulness—Self Compassion w/Meg 2:00 ■ Self-Evident Truths and Alternative Facts w/ Greg 4:00 ■ Happy Hour & Live Music w/ Tiberi Trio 5:00 ■ Merion Field Trip: Jazzin @ The Shedd 7:30 ■ Wednesday Night Movie: Festival	13 9:30 ■ Tai Chi Fitness w/ Mike McGinn 11:00 ■ BeMoved Dance w/ Heidi 1:00 ■ Merion Bridge Club 2:00 ■ Mindful, Movement & Breathe w/ Barbara 3:00 ■ History of an American Musical "Annie" w/ B. Mohr 4:00 ■ Happy Hour & Live Music w/ S. Aaron 7:30 ■ Thursday Movie: Citizen Kane	14 BASTILLE DAY 10:00 ■ Aqua Aerobics w/ Nichola 10:00 ■ Symbria: Balance Booster w/ Dina 11:30 ■ Merion Short Story Discussion w/ Glen "The Intruder" 1:30 ■ Pilates Fitness w/ Suzy 3:00 ■ Musical Lectures w/ S. Kleiman Leonard Bernstein Part One 4:00 ■ Bastille Day Happy Hour 7:30 ■ Friday Night Movie: The International	15 10:00 ■ Jane Fonda AM/PM Yoga Fitness DVD 11:00 ■ Bingo & Prizes w/ Mary 12:00 ■ PRIME/ The Underground Railroad Season One/ Episode 3 1:00 ■ Fit & Functioning w/Johnny 1-3:00 ■ Billiards & Rummikub @ The Merion 2:30 ■ Art Alive Programming w/ D. Levie "Berthe Morisot" 7:30 ■ Saturday Night Movie: Notting Hill
16 9:00 ■ Meditation & QiGong Workout DVD 11:30 ■ Body Balance Strength & Fitness w/David 1:30 ■ Balance Booster Fitness DVD 2:30 ■ Improv @ The Merion w/ Maura J. 5:00 ■ Shiva Rea: Meditation DVD 7:30 ■ Viva Viols : Spirit of Summer w/ Linda Chessick & Venus Fu 7:30 ■ Sunday Night Movie: Funny Girl	17 10:30 ■ Redefining Strength w/ Nichola 1:00 ■ Current Events Discussion w/ H. Voeks 1:00 ■ Merion Bridge Club 1:30 ■ Symbria: Stretch & Flex w/ Dina 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour @ The Merion 7:30 ■ Strings & Conversations w/ Jaime & Sandro 7:30 ■ Monday Movie: All The Presidents Men	18 9-12:00 ■ Nurse Practitioner w/Dr. Lev 9:15 ■ Integrated Movement for Mind & Body w/ Barbara 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria: Fitness Fusion w/ Dina 3:00 ■ History in Perspective w/ Eugene "The Russo -Japanese War" 4:00 ■ Happy Hour Live Music w/ Kurt & Deane Duo 6:00 ■ Mindful Meditation w/ Mui 6:45 ■ Resident Movie Showcase	19 ICE CREAM SOCIAL 9:30 ■ Gentle Yoga w/ Leigh Bailey 11:00 ■ Merion Roundtable Discussion w /Doug Asbury 12:00 ■ NETFLIX/ The Green Glove Gang Season One/Episodes 5 & 6 1:00 ■ Canasta Club @ The Merion 1:00 ■ Fit & Functioning w/ Johnny 3:00 ■ Merion Ice Cream Social 3:00 ■ Open Forum 4:00 ■ Happy Hour & Live Music w/ Tiberi Trio 7:30 ■ Wednesday Night Movie: Shine	20 9:00 ■ Merion Men's Club Breakfast 9-12:00 ■ OnSite Dermatology Visit 11:00 ■ BeMoved Dance w/Heidi 1:00 ■ Merion Bridge Club 1:00 ■ Merion Book Club Meetup 2:00 ■ Tai Chi Fitness w/ Mike McGinn 4:00 ■ Happy Hour & Live Music w/ Petra Van Nuis 7:30 ■ Thursday Movie: Revenge of the Pink Panther	21 10:00 ■ Aqua Aerobics w/ Nichola 10:00 ■ Symbria: Balance Booster w/ Dina 11:30 ■ NETFLIX/ Living 1:30 ■ Pilates Fitness w/ Suzy 2:00 ■ Merion Field Trip: Ravinia 4:00 ■ Happy Hour & Live Music w/ The Maracujaz Band 7:30 ■ Friday Night Movie: Hidden Figures	22 11:00 ■ French Connections w/ Koffi 11:00 ■ Bingo & Prizes w/Mary 12:00 ■ PRIME/ The Underground Railroad Season One/ Episode 4 1:00 ■ Personalized Fitness w/ Mike McGinn 1-3:00 ■ Billiards & Rummikub @ The Merion 2:30 ■ Music Appreciation Lecture w/ Kurt "Latin & Caribbean Influence" 7:30 ■ Saturday Night Movie: Forrest Gump
23 9:00 ■ Meditation & QiGong Workout DVD 11:30 ■ Body Balance Strength & Fitness w/David 1:30 ■ Core Fitness Chair Fitness DVD 2:30 ■ Improv @ The Merion w/ Maura J. 5:00 ■ Shiva Rea: Meditation DVD 7:00 ■ The Music Institute of Chicago Ensemble 7:30 ■ Sunday Night Movie: Funny Lady	24 10:30 ■ Redefining Strength w/ Nichola 1:00 ■ Poetry Corner @ The Merion with Greg S. & Irene E. 1:00 ■ Merion Bridge Club 1:30 ■ Symbria: Stretch & Flex w/ Dina 2:30 ■ Canvas Creations w/ Charlotta 4:00 ■ Happy Hour@ Live Music w/ Tim Fitzgerald 7:30 ■ Monday Night Movie: Scorpio	25 9:30 ■ Jane Fonda Walkout Fitness DVD 11:30 ■ PRIME/ CREED III 1:00 ■ Mahjong @ The Merion 1:00 ■ Symbria: Fitness Fusion w/ Dina 3:00 ■ The Northlight Theatre Presents Excerpts: Marie and Rosetta 4:00 ■ Happy Hour@ The Merion 6:00 ■ Mantra Meditation w/ Mui 6:45 ■ Resident Movie Showcase	26 11:00 ■ Merion Roundtable Discussion w/ Doug Asbury 12:00 ■ NETFLIX/ The Green Glove Gang Season One/Episodes 7 & 8 1:00 ■ Canasta Club @ The Merion 1:00 ■ Fit & Functioning w/ Johnny 2:00 ■ Mindfulness—Self Compassion w/Meg 2:00 ■ Jewelry Making & Beading w/Abigail 4:00 ■ Happy Hour & Live Music w/ Tiberi Trio 4:00 ■ July Resident Birthday Celebration 7:30 ■ The North Shore Harmonizers 7:30 ■ Wednesday Movie: Amadeus	27 9:30 ■ Tai Chi Fitness w/ Mike McGinn 9:30-2:30 ■ Podiatrist w/ D. Petenzi 11:00 ■ BeMoved Dance w/ Heidi 1:00 ■ Merion Bridge Club 2:00 ■ Stretch & Strength w/ Suzy 3:00 ■ History of an American Musical "Annie Get Your Gun" w/ B. Mohr 4:00 ■ Happy Hour & Live Music w/ S. Aaron 4:30 ■ Merion Field Trip: Jameson's Charhouse/ The Northlight Theatre: "Marie and Rosetta" 7:30 ■ Thursday Movie: A Shot in the Dark	28 PASTA NIGHT 10:00 ■ Aqua Aerobics w/ Nichola 10:00 ■ Symbria: Balance Booster w/ Dina 11:30 ■ Merion Short Story Discussion w/ Glen "A Sandstone Farmhouse" 1:30 ■ Pilates Fitness w/ Suzy 3:00 ■ Musical Lectures w/ S. Kleiman Leonard Bernstein Part Two 4:00 ■ Happy Hour & Live Music with The Maracujaz Band 5:00 ■ Pasta Night @ The Merion 7:30 ■ Friday Night Movie: Driving Miss Daisy	29 11:00 ■ French Connections w/ Koffi 11:00 ■ Bingo & Prizes w/Mary 12:00 ■ Merion Matinee: The Cheap Detective 1:00 ■ Fit & Functioning w/Johnny 1-3:00 ■ Billiards & Rummikub @ The Merion 2:30 ■ Music Appreciation Lecture w/ Kurt "George Gershwin" 7:30 ■ Saturday Night Movie: Pirates of the Caribbean