


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9am ■ St. Mary's Pick Up 9:45am ■ St. Francis Parrish Pick Up 9:45am ■ St. Athanasius Pick Up 11:30am ■ Body Balance Strength & Fitness w/David 1pm ■ Merion Matinee: Auntie Mame 3pm ■ Fit & Functioning w/Johnny 7:30pm ■ Music Institute of Chicago	31 10am ■ Redefining Strength w/Nichola 11am ■ Blood Pressure Screening 1pm ■ Merion Bridge Club 2:30pm ■ Canvas Creations w/Charlotta 4pm ■ Happy Hour & Live Music w/Tim Fitzgerald Duo 7:30pm ■ Strings & Conversations w/Jaime & Sandro	 <h1 style="font-size: 4em; color: #0056b3; margin: 0;">January</h1>		Legend ■ = Arts & Culture ■ = Health & Fitness ■ = Life Long Learning ■ = Music ■ = Social Activities ■ = Spiritual Wellness	1 New Year's Day 11am ■ Jane Fonda Fit & Strong DVD 12pm ■ Afternoon Movie Lackawanna Blues 2:30pm ■ Stronger Seniors: Core Fitness DVD 3:30pm ■ Merion Board Game Day 3:30pm ■ Merion Matinee: The Women of Brewster Place 7:30pm ■ Saturday Night Movie A Beautiful Day in The Neighborhood	
2 9am ■ St. Mary's Pick Up 9:45am ■ St. Francis Parrish Pick Up 9:45am ■ St. Athanasius Pick Up 11:30am ■ Body Balance Strength & Fitness w/David 1pm ■ Afternoon Movie: Kissin' Cousins 7:30pm ■ Piano Conversations w/Sandro	3 Bella Bleu Visits The Merion 10am ■ Jane Fonda Walkout Fitness DVD 11am ■ Blood Pressure Screening 11am ■ Memoir-Writing Class w/S Parsons & S Holbert 1pm ■ Merion Bridge Club 2:30pm ■ Canvas Creations w/Charlotta 4pm ■ Happy Hour & Live Music w/Abigail Riccards Healy 7:30pm ■ Monday Night Movie Freedom Writers	4 9:30am ■ Integrated Movement for Mind & Body w/Barbara 11am ■ Morning Movie: Guarding Tess 1pm ■ Mahjong @ The Merion w/Jeane 3pm ■ History in Perspective w/E Finerman: "Happy New Year" 4pm ■ Happy Hour & Live Music w/Marcus Matteo 6pm ■ Mindful Meditations w/Mui	5 11am ■ Jane Fonda Walkout Fitness DVD 12pm ■ NETFLIX/The Crown Season Three/Episode 1, 2 & 3 1pm ■ Canasta Club @ The Merion 2pm ■ Jewelry Making & Beading w/Abigail 3pm ■ Open Forum 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio 7:30pm ■ Wednesday Night Movie The Revenge of The Pink Panther	6 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ BeMoved Dance w/Heidi 1pm ■ Merion Bridge Club 2pm ■ NETFLIX/THE UNFORGIVABLE 3pm ■ Activities Discussion w/Tammy 4pm ■ Happy Hour & Live Music w/Stephanie Aaron 7:30pm ■ Thursday Night Movie Forrest Gump	7 10am ■ Aqua Aerobics w/Nichola 11:30am ■ NETFLIX/The Cook of Castamar Season One/Episode 1, 2 & 3 11:30am ■ Merion Short Story Discussion "Reunion" w/G Philips 1pm ■ Radio Players w/Maura 1:30pm ■ Pilates Fitness w/Suzy 4pm ■ Happy Hour & Live Music w/The Maracujaz Band 5pm ■ Field Trip: Bob Chinn's Crab House 7:30pm ■ Friday Night Movie Godzilla vs Kong	8 11am ■ Bingo & Prizes w/Mary 11am ■ French Connections w/Koffi 1pm ■ Mantra Meditation w/Mui 12pm ■ NETFLIX/True Story Season One/Episode 1 1pm ■ Yoga Fitness w/Mike McGinn 2:30pm ■ Art Alive Part One "Van Gogh" w/Debra Levie 3:30pm ■ Merion Board Game Day 7:30pm ■ Saturday Night Movie About Schmidt
9 9am ■ St. Mary's Pick Up 9:45am ■ St. Francis Parrish Pick Up 9:45am ■ St. Athanasius Pick Up 11:30am ■ Body Balance Strength & Fitness w/David 1pm ■ Card Creations w/Pam 7:30pm ■ Music Institute of Chicago	10 10am ■ Redefining Strength w/Nichola 11am ■ Blood Pressure Screening 11am ■ Art Alive w/D Levie Presents: Van Gogh Part II 1pm ■ Merion Bridge Club 1pm ■ Current Event Discussion w/H Voeks 2:30pm ■ Canvas Creations w/Charlotta 4pm ■ Happy Hour & Live Music w/Tim Fitzgerald Duo 7:30pm ■ The Fulton Chamber Players P Hauer, A Hess & A Teng	11 9:30am ■ Integrated Movement for Mind & Body w/Barbara 10am ■ Podiatrist Visit w/Dr. Poole 11am ■ Merion Field Trip: The Chicago History Museum 11am ■ Movies and Musings w/Maura "A Rumor of Angels" 1pm ■ Mahjong @ The Merion w/Jeane 3pm ■ People, Places & Culture "Spain Part II" w/Charlotta 4pm ■ Happy Hour @ The Merion 6pm ■ Mindful Meditations w/Mui	12 11am ■ Jane Fonda Walkout Fitness DVD 12pm ■ NETFLIX/The Crown Season Three/Episode 4, 5 & 6 1pm ■ Fit & Functioning w/Johnny 1pm ■ Canasta Club @ The Merion 2:30pm ■ Musical Lectures w/Abigail Riccards Healy Presents: Charlie Parker 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio 7:30pm ■ Wednesday Night Movie The Blues Brothers	13 9:30am ■ Tai Chi Fitness w/M McGinn 10am ■ NETFLIX/The Shack 11am ■ BeMoved Dance w/Heidi 1pm ■ Merion Bridge Club 2pm ■ Mindful Stretch w/Barbara 2pm ■ NETFLIX/The Cook of Castamar Season One/Episode 4, 5 & 6 3pm ■ Figure Drawing w/Duffy 4pm ■ Happy Hour @ The Merion 7:30pm ■ Thursday Night Movie Back to The Future	14 10am ■ Aqua Aerobics w/Nichola 11:30am ■ APPLE TV/The Tragedy of MacBeth 1:30pm ■ Pilates Fitness w/Suzy 2:30pm ■ DISNEY+/The Beatles: Get Back Season One/Episode 2 4:30pm ■ Happy Hour & Live Music w/Ameerah Tatum 5pm ■ Taste of Italy @ The Merion 7:30pm ■ The Autobiography of Miss Jane Pittman	15 Dr. Martin Luther King, Jr B-Day 11am ■ Bingo & Prizes w/Mary 11am ■ Mantra Meditation w/Mui 11am ■ French Connections w/Koffi 12pm ■ NETFLIX/True Story Season One/Episodes 2 & 3 1pm ■ Zumba Fitness w/Suzy 2:30pm ■ Viewing of I Have a Dream Speech by Dr. Martin Luther King, Jr. 7:30pm ■ Saturday Night Movie SELMA
16 9am ■ St. Mary's Pick Up 9:45am ■ St. Francis Parrish Pick Up 9:45am ■ St. Athanasius Pick Up 11:30am ■ Body Balance Strength & Fitness w/David 1pm ■ David Suskind Archives An Interview w/Dr. Martin Luther King, Jr. 3pm ■ Fit & Functioning w/Johnny 7:30pm ■ Piano Conversations w/Sandro	17 10am ■ Redefining Strength w/Nichola 11am ■ Memoir-Writing Class w/S Parsons & S Holbert 1pm ■ Merion Bridge Club 1:30pm ■ Dr. Martin Luther King, Jr. Presentation w/D Asbury 2:30pm ■ Canvas Creations w/Charlotta 4pm ■ Happy Hour & Live Music w/Kurt Loeffler Jazz Trio 7:30pm ■ The Chamber Trio Concert w/Jaime, Oleska & Susan	18 9:30am ■ Integrated Movement for Mind & Body w/Barbara 10am ■ PRIME/The Tender Bar 11am ■ Merion Field Trip/Bonefish Grill 1pm ■ Mahjong Lessons w/Jeane 3pm ■ History in Perspective w/E Finerman: "How Gallia Became France" 4pm ■ Happy Hour & Live Music w/Marcus Matteo 6pm ■ Mindful Meditations w/Mui	19 National Popcorn Day 11am ■ Merion Roundtable w/D Asbury 12pm ■ NETFLIX/The Crown Season Three/Episode 7 & 8 1pm ■ Fit & Functioning w/Johnny 1pm ■ Canasta Club @ The Merion 3pm ■ Open Forum 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio 7:30pm ■ Wednesday Night Movie The Jerk	20 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ BeMoved Dance w/Heidi 1pm ■ Merion Bridge Club 1pm ■ Merion Book Club Meet Up 3pm ■ Merion Men's Club 4pm ■ Happy Hour & Live Music w/Stephanie Aaron 7:30pm ■ Thursday Night Movie Midnight in Paris	21 10am ■ Aqua Aerobics w/Nichola 11:30am ■ NETFLIX/The Cook of Castamar Season One/Episode 7 & 8 11:30am ■ Merion Short Story Discussion "The Club" w/G Philips 1pm ■ Radio Players w/Maura 1:30pm ■ Pilates Fitness w/Suzy 4pm ■ Happy Hour & Live Music w/The Maracujaz Band 7:30pm ■ Friday Night Movie Little Miss Sunshine	22 11am ■ Bingo & Prizes w/Mary 11am ■ Mantra Meditation w/Mui 11am ■ French Connections w/Koffi 12pm ■ NETFLIX/True Story Season One/Episodes 4 & 5 1pm ■ Yoga Fitness w/Mike McGinn 2:30pm ■ Music Appreciation Lecture w/Kurt Loeffler Presents Barbra Streisand 3:30pm ■ Merion Board Game Day 7:30pm ■ Saturday Night Movie Crazy Stupid Love
23 9am ■ St. Mary's Pick Up 9:45am ■ St. Francis Parrish Pick Up 9:45am ■ St. Athanasius Pick Up 11:30am ■ Body Balance Strength & Fitness w/David 1pm ■ Card Creations w/Pam 2:30pm ■ Art Alive w/Debra Levie Presents: Ansel Eaton Adams 7:30pm ■ Sunday Night Movie The Hundred Foot Journey	24 10am ■ Redefining Strength w/Nichola 11am ■ Blood Pressure Screening 1pm ■ Merion Bridge Club 1pm ■ Current Event Discussion w/H Voeks 2:30pm ■ Canvas Creations w/Charlotta 4pm ■ Happy Hour & Live Music w/Abigail Riccards Healy 7:30pm ■ Strings & Conversations w/Jaime & Sandro	25 9:30am ■ Integrated Movement for Mind & Body w/Barbara 11am ■ Movies and Musings w/Maura "Wild Strawberries" 1pm ■ Mahjong Lessons w/Jeane 3pm ■ People, Places & Culture "Norway" w/Charlotta 4pm ■ Happy Hour @ The Merion 6pm ■ Mindful Meditations w/Mui	26 11am ■ Merion Roundtable w/D Asbury 12pm ■ NETFLIX/The Crown Season Three/Episode 9 & 10 1pm ■ Fit & Functioning w/Johnny 1pm ■ Canasta Club @ The Merion 2pm ■ Jewelry Making & Beading w/Abigail 4pm ■ January Birthday Celebration 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio 7:30pm ■ Wednesday Night Movie Animal House	27 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ BeMoved Dance w/Heidi 1pm ■ Merion Bridge Club 1pm ■ NETFLIX/Misha & The Wolves 2pm ■ Mindful Stretch, Balance & Breathe w/Barbara 3pm ■ Figure Drawing w/Duffy 4pm ■ Happy Hour @ The Merion 7:30pm ■ Thursday Night Movie PAVAROTTI	28 10am ■ Aqua Aerobics w/Nichola 11:30am ■ NETFLIX/The Cook of Castamar Season One/Episode 9 & 10 1:30pm ■ Pilates Fitness w/Suzy 1:30pm ■ DISNEY+/The Beatles: Get Back Season One/Episode 3 4pm ■ Happy Hour & Live Music w/Ameerah Tatum 7:30pm ■ Friday Night Movie Crazy Rich Asians	29 11am ■ Bingo & Prizes w/Mary 11am ■ Mantra Meditation w/Mui 11am ■ French Connections w/Koffi 12pm ■ NETFLIX/True Story Season One/Episodes 6 & 7 1pm ■ Zumba Fitness w/Suzy 2:30pm ■ Music Appreciation Lecture w/Kurt Loeffler Presents Duke Ellington & Glenn Miller 3:30pm ■ Merion Board Game Day 7:30pm ■ Saturday Night Movie Car Wash