

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



- Arts & Culture
- Health & Fitness
- Life Long Learning
- Music
- Social Activities
- Spiritual Wellness

- 1**
- 9:30 ■ Jane Fonda Walkout Fitness DVD
 - 11:00 ■ BeMoved Dance w/ Heidi
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Mindful, Stretch, Balance & Breathe w/ Barbara
 - 3:00 ■ Paint & Sip @ The Merion
 - 4:00 ■ Happy Hour & Live Music w/ Stephanie Aaron
 - 7:30 ■ Thursday Movie: Music in my Heart

- 2**
- 10:00 ■ Aquatic Fitness w/ Nichola
 - 11:30 ■ NETFLIX/Grace & Frankie Season Two/Episodes 1, 2,3,& 4
 - 1:30 ■ Pilates Fitness w/ Suzy
 - 2:30 ■ SHOPTALK 2022! w/ J. Peck
 - 4:00 ■ Happy Hour & Live Music w/ Maracujaz Band
 - 7:30 ■ Friday Night Movie: Flag Day

- 3**
- 10:00 ■ Jane Fonda Fitness DVD
 - 11:00 ■ Bingo & Prizes w/ Mary
 - 12:00 ■ PRIME/ A League of Their Own Episodes 1 & 2
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 2:30 ■ Museums of the World w/D. Levie "J Paul Getty Museum"
 - 3:30 ■ Merion Board Game Day
 - 7:30 ■ Saturday Night Movie: DUNE

- 4**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:30 ■ Body Balance Strength & Fitness w/David
 - 1:00 ■ Card Creations w/ Pam
 - 3:00 ■ Jane Fonda Walkout Fitness DVD
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 7:30 ■ Sunday Night Movie: Major League
 - 7:30 ■ Strings & Conversations w/ Jaime & Sandro

- 5 Labor Day**
- 10:30 ■ Redefining Strength w/ Nichola
 - 11:00 ■ Blood Pressure Screening
 - 1:00 ■ Merion Bridge Club
 - 1:00 ■ Poetry Corner @ The Merion w/ Greg Singleton
 - 2:30 ■ Canvas Creations w/ Charlotta
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Monday Night Movie: 9 to 5

- 6**
- 9:30 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:00 ■ NETFLIX/ The Gray Man
 - 1:00 ■ Mahjong @ The Merion
 - 3:00 ■ People, Places, & Culture w/ Charlotta Let's Talk about Switzerland
 - 4:00 ■ Happy Hour @ The Merion
 - 6:00 ■ Mindful Meditation w/ Mui

- 7**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 1:00 ■ Merion Roundtable Discussion w/Doug Asbury
 - 12:00 ■ NETFLIX/The Kominsky Method Season Three/ Episodes 5 & 6
 - 1:00 ■ Fit & Functioning w/Johnny
 - 1:00 ■ Canasta Club @ The Merion
 - 3:00 ■ Open Forum
 - 4:00 ■ Happy Hour & Live Music The Jerry Tiberi Trio
 - 7:30 ■ Wednesday Night Movie: Erin Brokovich

- 8**
- 9:30 ■ Tai Chi Fitness w/ Mike McGinn
 - 11:00 ■ BeMoved Dance w/ Heidi
 - 12:30 ■ Afternoon Movie: Mi Obra Maestra
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Aquatic Fitness w/ Suzy
 - 3:00 ■ History of an American Musical "Comedy Tonight" w/ Betty Mohr
 - 5:00 ■ A Taste of Spain
 - 6:30 ■ Flamenco & Sangrias w/ Martin Metzger
 - 7:30 ■ Thursday Movie: Vicky Christina Barcelona

- 9**
- 10:00 ■ Aqua Aerobics w/ Nichola
 - 11:30 ■ NETFLIX/ Grace & Frankie Season Two/Episodes 5,6,7, & 8
 - 11:30 ■ Merion Short Story Discussion "Liars in Love" w/ Glen
 - 1:30 ■ Zumba Fitness w/ Suzy
 - 2:30 ■ Let's Talk Theatre w/ M. Junius "Did Shakespeare Construct/Theatre of Envy"
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Friday Night Movie: Redeeming Love

- 10**
- 10:00 ■ French Connections w/ Koffi
 - 11:00 ■ Bingo & Prizes w/ Mary
 - 12:00 ■ PRIME/ A League of Their Own Episodes 3 & 4
 - 1:00 ■ Yoga Fitness w/ Mike McGinn
 - 2:30 ■ Art Alive Programming w/D. Levie "Henri Emile Benoit Matisse"
 - 3:30 ■ Merion Board Game Day
 - 7:30 ■ Saturday Night Movie: The Worst Person in the World

- 11**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:30 ■ Body Balance Strength & Fitness w/David
 - 1:00 ■ Afternoon Movie: Slightly French
 - 3:00 ■ Jane Fonda Walkout Fitness DVD
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 7:30 ■ Sunday Night Movie: Moneyball
 - 7:30 ■ Viva Viols w/ Linda Chessick & Venus Fu

- 12**
- 10:30 ■ Redefining Strength w/ Nichola
 - 11:00 ■ Blood Pressure Screening
 - 1:00 ■ Current Events Discussion w/ H. Voeks
 - 1:00 ■ Merion Bridge Club
 - 2:30 ■ Canvas Creations w/Charlotta
 - 4:00 ■ Happy Hour & Live Music w/Abigail R. Healy
 - 7:30 ■ Monday Night Movie:Rock Around the Clock
 - 7:30 ■ Ada Trio: A. Hess, A. Teng, & P. Hauer

- 13**
- 9:30 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:00 ■ Merion Field Trip: Botanic Garden /Walking
 - 1:00 ■ Mahjong @ The Merion
 - 3:00 ■ History in Perspective w/ Eugene "Eugene's History of Jeopardy"
 - 4:00 ■ Happy Hour & Live Music With Kurt & Deane Duo
 - 6:00 ■ Mindful Meditation w/ Mui

- 14**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 11:00 ■ Merion Roundtable Discussion w/Doug Asbury
 - 12:00 ■ NETFLIX/The Kominsky Method Season Three/ Episodes 7 & 8
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 1:00 ■ Canasta Club @ The Merion
 - 2:00 ■ Jewelry Making & Beading w/ Abigail
 - 4:00 ■ Happy Hour & Live Music The Jerry Tiberi Trio
 - 7:30 ■ Wednesday Night Movie: Trading Places

- 15**
- 9:30 ■ Tai Chi Fitness w/ Mike McGinn
 - 11:00 ■ BeMoved Dance w/ Heidi
 - 12:00 ■ Merion Field Trip: Botanic Garden /Tram
 - 1:00 ■ Merion Bridge Club
 - 1:00 ■ Merion Book Club Meet Up
 - 2:00 ■ Mindful, Stretch, Balance & Breathe w/Barbara
 - 3:00 ■ Wholeness & Intuitive Well Being w/ Mike McGinn
 - 4:00 ■ Happy Hour & Live Music
 - 7:30 ■ Thursday Movie: Miss Sadie Thompson

- 16**
- 10:00 ■ Aqua Aerobics w/ Nichola
 - 11:30 ■ NETFLIX/ Grace & Frankie Season Two/Episodes 9,10,& 11
 - 1:30 ■ Pilates Fitness w/ Suzy
 - 3:00 ■ New Realities in American Politics w/ Greg
 - 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum
 - 5:00 ■ Merion Field Trip: Levy Center Presents: Jamming Jean Concert
 - 7:30 ■ Friday Night Movie: UMMA

- 17**
- 10:00 ■ French Connections w/ Koffi
 - 11:00 ■ Bingo & Prizes w/ Mary
 - 12:00 ■ PRIME/ A League of Their Own Episodes 5 & 6
 - 1:00 ■ Jane Fonda Walkout Fitness DVD
 - 2:30 ■ Music Appreciation Lecture w/ Kurt Presents: The Big Bands Part Three
 - 3:30 ■ Merion Board Game Day
 - 7:30 ■ Saturday Night Movie: Lunana: A Yak in the Classroom

- 18**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:30 ■ Body Balance Strength & Fitness w/David
 - 1:00 ■ Card Creations w/ Pam
 - 2:30 ■ Art Alive: M. Cassett w/ D. Levie
 - 5:00 ■ Shiva Rea: Meditation DVD
 - 7:30 ■ Sunday Night Movie: A League of Their Own
 - 7:30 ■ The Chen Family String Quartet

- 19**
- 10:00 ■ Redefining Strength w/ Nichola
 - 11:00 ■ Blood Pressure Screening
 - 1:00 ■ Poetry Corner @ The Merion w/Greg S. & Irene E.
 - 1:00 ■ Merion Bridge Club
 - 2:30 ■ Canvas Creations w/ Charlotta
 - 4:00 ■ Happy Hour & Live Music w/Tim Fitzgerald
 - 7:30 ■ Strings & Conversations w/ Jaime & Sandro
 - 7:30 ■ Monday Night Movie: A Song to Remember

- 20**
- 9:30 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:00 ■ Merion Field Trip: WNDR Museum
 - 1:00 ■ Mahjong @ The Merion
 - 3:00 ■ History in Perspective w/ Eugene "Meet the Vandals"
 - 4:00 ■ Happy Hour & Live Music w/Dave Alhadeff
 - 6:00 ■ Mindful Meditation w/ Mui

- 21**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 11:00 ■ Merion Roundtable Discussion w /Doug Asbury
 - 12:00 ■ NETFLIX/The Kominsky Method Season Four/ Episodes 1 & 2
 - 1:00 ■ Canasta Club @ The Merion
 - 1:00 ■ Fit & Functioning w/ Johnny
 - 3:00 ■ Open Forum
 - 4:00 ■ Jazz / Rhythm & Blues Happy Hour
 - 7:30 ■ Wednesday Night Movie: Bridget Jones Diary

- 22**
- 9:30 ■ Tai Chi Fitness w/ Mike McGinn
 - 11:00 ■ BeMoved Dance w/ Heidi
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Aquatic Fitness w/ Suzy
 - 3:00 ■ History of an American Musical "Ragtime" w/ Betty Mohr
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Thursday Night Movie: Carolina Blues

- 23**
- 10:00 ■ Aqua Aerobics w/ Nichola
 - 11:15 ■ Merion Field Trip: Pappadeaux Restaurant
 - 11:30 ■ Merion Short Story Discussion "Snow Birds" w/ Glen
 - 1:30 ■ Zumba Fitness w/ Suzy
 - 2:30 ■ Let's Talk Theatre w/ M. Junius "500 Clown Macbeth w/ Adrian Danzig"
 - 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum
 - 7:30 ■ Friday Night Movie: French Exit

- 24**
- 10:00 ■ Jane Fonda Walkout Fitness DVD
 - 11:00 ■ Bingo & Prizes w/ Mary
 - 12:00 ■ PRIME/ A League of Their Own Episodes 7 & 8
 - 1:00 ■ Yoga Fitness w/ Mike McGinn
 - 2:30 ■ Music Appreciation Lecture w/ Kurt Presents: The Big Bands Part Four
 - 3:30 ■ Merion Board Game Day
 - 7:30 ■ Saturday Night Movie: Death of an Author

- 25 Rosh Hashanah**
- 9:00 ■ Meditation & QiGong Workout DVD
 - 11:30 ■ Body Balance Strength & Fitness w/David
 - 1:00 ■ Merion Matinee: Filed of Dreams
 - 3:00 ■ Jane Fonda Walkout Fitness DVD
 - 4:00 ■ Shiva Rea: Meditation DVD
 - 5:00 ■ Rosh Hashanah Service & Dinner
 - 7:30 ■ Sunday Night Movie: 42/ The Jackie Robinson Story

- 26 Rosh Hashanah**
- 10:30 ■ Jane Fonda Walkout Fitness DVD
 - 11:00 ■ Blood Pressure Screening
 - 1:00 ■ Current Events Discussion w/ H. Voeks
 - 1:00 ■ Merion Bridge Club
 - 2:30 ■ Canvas Creations w/ Charlotta
 - 4:00 ■ Happy Hour @ The Merion
 - 7:30 ■ Monday Movie: Let's Do it Again

- 27 Rosh Hashanah**
- 9:30 ■ Integrated Movement for Mind & Body w/ Barbara
 - 11:00 ■ PRIME/ Resistance
 - 1:00 ■ Mahjong @ The Merion
 - 3:00 ■ Merion Matinee: The Zookeepers Wife
 - 4:00 ■ Happy Hour @ The Merion
 - 6:00 ■ Mindful Meditation w/ Mui

- 28**
- 9:30 ■ Gentle Yoga w/ Leigh
 - 11:00 ■ Merion Roundtable Discussion w/Doug Asbury
 - 12:00 ■ NETFLIX/The Kominsky Method Season Four/ Episodes 3 & 4
 - 1:00 ■ Canasta Club @ The Merion
 - 1:00 ■ Fit & Functioning w/Johnny
 - 4:00 ■ September Resident Birthday Celebration
 - 4:00 ■ Happy Hour & Live Music The Jerry Tiberi Trio
 - 7:30 ■ Wednesday Night Movie: Dinner for Schmucks

- 29**
- 9:30 ■ Tai Chi Fitness w/ Mike McGinn
 - 11:00 ■ BeMoved Dance w/ Heidi
 - 1:00 ■ Merion Bridge Club
 - 2:00 ■ Mindful, Stretch, Balance & Breathe w/Barbara
 - 3:00 ■ PRIME/Thirteen Lives
 - 4:00 ■ Happy Hour & Live Music with Stephanie Aaron
 - 7:30 ■ Thursday Night Movie: Bonanza Town

- 30**
- 10:00 ■ Aqua Aerobics w/ Nichola
 - 11:30 ■ NETFLIX/ Grace & Frankie Season Two/Episodes 12 & 13
 - 1:30 ■ Pilates Fitness w/ Suzy
 - 3:00 ■ Musical Lecture w/ S. Kleiman "Hector Berlioz: Symphonie Fantastique"
 - 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum
 - 7:30 ■ Friday Night Movie: STARDUST: David Bowie

